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EVERY THURSDAY

August 20 - 26, 2020

>> Pg 15

MOTHAE LOANS DEFERRED TO 2022

>> Pg 3



Wise WORDS: Motivation is what gets you started. Habit is what keeps you going. ~Jim Ryun

The Metro, Florida Industrial Park, Ha Hoohlo, Maseru. P.O.Box 14129, Maseru 100, Lesotho.

Daily Specials



MONDAY
GRILLED LAMB LIVER & PAP M40



TUESDAY
1/4 CHICKEN WITH CHIPS M40



WEDNESDAY
BEEF STEW WITH
PAP OR RICE M50



THURSDAY
HAKE AND CHIPS M50



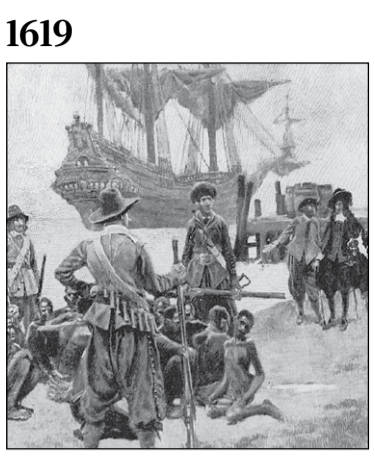
FRIDAY
WINGS WITH CHIPS M55

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On This Day in History



1619
Twenty and odd Angolans, kidnapped by the Portuguese, arrive in the British colony of Virginia and are then bought by English colonists. The arrival of the enslaved Africans in the New World marks a beginning of two and a half centuries of slavery in North America.

Directory

- Child Helpline: 80022345
- Crime Hotline: 22313337
- WASCO: 22262000
- LEC: 52100000
- Police Station: 22317262
- Airport: 22350777
- MRTD: 2232 5494
- Ombudsman: 22316425
- Metro News Tips: 2232 5494
- Border Control: 22325740

Essentials

- Registration Fees**
- Motor cycle solo with engine of cylinder in capacity not exceeding 350 cc will cost M100
 - Motor cycle solo with engine of cylinder in excess of 350 cc - M150
- Motor Vehicle License Fees**
- Motor Vehicle License Fees motor cycle with engine capacity not exceeding 350 cc - M100
 - Other motor vehicles for the first vehicle - M1 000
 - For every additional vehicle other than a motor cycle - M500
- Motor vehicle, trailers and construction equipment clearance fees:**
- 0 - 750 kg: M150.00
 - 11.50kg and more: M1600
- Examination fees for roadworthy certificates:**
- Motor cycle not exceeding 350 cc - M200
 - Other motor cycle, tractor or trailer - M200
 - Light motor vehicle - M220
 - Heavy commercial vehicles - M300
 - Vehicle examiner's prohibition for vehicle's Un-roadworthiness - M350
- Certificates of fitness for passenger vehicle:**
- Motor cars, 4+1, and driving - M200
 - Commercial passengers' vehicles, if carrying capacity does not exceed 22 passengers - M250
 - If carrying capacity exceeds 22 but less than 60 passengers - M300
 - If carrying capacity exceeds 60 passengers - M350
- Certificate of fitness for goods vehicles:**
- Where tare weight does not exceed 3,500kg - M100
 - Where tare weight exceeds 3,500kg but does not exceed 11,000kg - M150
 - Combination of vehicles - M150
 - Trailers if tare weight does not exceed 5,000kg - M100
 - If tare weight exceed 5,000kg - M150
- Documents:**
- Certificate of road worthiness and fitness - M100, other motor vehicles licenses - M100
 - Motor cycle not exceeding 350cc - M50
 - Other motor vehicle licenses - M100
- Application fees:**
- Learners license - M50
 - Theory test - M50
 - Driving test and re-test - M50
 - Public driving instructor's test - M100
 - Driving school permit - M150
- Issuance of driver's license:**
- Light duty - M200
 - Heavy duty - M250
 - Extra-heavy duty - M400
 - Driving instructor's certificate - M300
 - Public driving permit - M200
- Renewals of driver's licenses:**
- Motor cycle not exceeding 350cc - M120
 - Learner's license - M50
 - Light duty - M200
 - Heavy duty - M250
 - Extra heavy duty - M400
 - Driving instructor's certificate - M300
 - Public driving permit - M200
 - Driving school permit - M420
- Special Permit:**
- Initial issuance - M200
 - Renewal - M400
 - Supply of information from the records - M100
 - Duplicate of document - M300
 - Transfer of registration number (section I2(2) of the act) - M150
 - Transfer of ownership - M100
 - Set of number plates - M400

Late rain forecast means more trouble for agriculture

NEO SENOKO
business@maserumetro.com

MASERU - Food insecurity in Lesotho could take a further knock due to the late onset of rains projected ahead of the next cropping season. The forecast late rains would mean a late start to the new agricultural season. It also means the current high prices of food imposed by Covid-19 are likely to continue for longer period until the agriculture sector recovers.

Poverty situation will also remain dire and likely to deepen.

The country already experienced poor production of cereal crops due to delayed season in 2019/20 summer cropping and severe drought in October and November the same year.

The Lesotho Disaster Management Authority (DMA) has clearly stated in its 2020 Vulnerability Assessment report that normal to below normal rains are expected from July to October, resulting into a late start to the agricultural season.

The main objective of the report was to analyse food and nutrition security, and vulnerability of the population of Lesotho in 2020/21 consumption year as well as provide policy makers, government and other stakeholders with information for decision making and development programming.

Currently, according to the Bureau of Statistics, 24.1 per cent of the country's population is living in extreme poverty, while 49.7 per cent of the population is generally poor.

The statistics could be much higher as the situation has been exacerbated by



ALARMED: Prime Minister Dr Moeletsi Majoro

coronavirus pandemic which has caused even further disruptions as many people have lost jobs.

"Decrease in crop production is estimated at 30 per cent, compared to last year crop production. Both rural and urban populations are likely to experience severe food insecurity for the consumption year 2020/20," the DMA said in its report that was released last week.

It indicated that all the food security indicators portray severe food insecurity situation for 2020/21 consumption year.

"Total food insecure population for the consumption year 2020/21 is estimated at 766,169 with 582,169 individuals representing rural areas while another 184,000 individuals are estimated in urban areas," the report

further stated.

At least 91,174 of staple food, cash equivalent of M1,471,044 will be needed to assist the affected households.

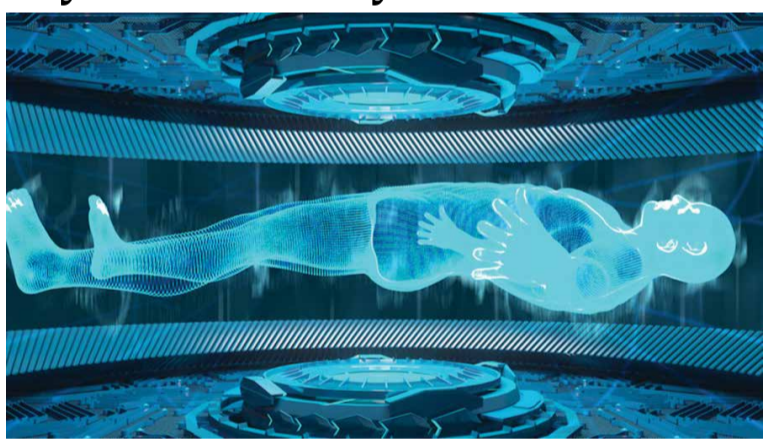
The report has among others recommended an immediate conditional and unconditional humanitarian assistance for all households facing survival deficits as well as food price subsidy interventions by government.

Prime Minister Dr Moeletsi Majoro has reiterated on Tuesday, at the launch of the new cropping season in Ha Foso on the outskirts of Maseru that Basotho should produce more as government is ready to buy local produce.

Majoro's government has already offered a 60 per cent seed subsidy for local farmers ahead of the summer cropping.

Technology

Cryonics: Could you live forever?



TOM IRELAND

For centuries, the world's physicists, writers and philosophers have argued over whether time travel is possible, with most coming to the conclusion that it's never going to happen.

But on an 800-acre plot of land just outside the small town of Comfort, Texas, a group of architects, engineers and scientists are building a 'Timeship' that they say could transport tens of thousands of individuals to a far-distant future.

Their approach does not involve the use of flux capacitors, or zooming in light-speed through black holes.

Instead, the Timeship aims to store people at such low temperatures that their bodies are preserved for a future civilisation to reanimate them, a concept known as cryonics.

"Just as a spaceship allows people to

move through space, Timeship will allow people to travel to another time in the future," explains Stephen Valentine, who is the director and principal architect of the Timeship project.

Valentine has been given a multimillion-dollar budget from anonymous donors to develop a 'Mecca' for cryonics and life extension.

As well as a fortress-like building that can store frozen people, Timeship plans to store other precious biological samples such as organs, stem cells, embryos, and even the DNA of rare or threatened species.

The site will also house the world's largest life extension research centre, the Stasis Research Park.

The entire facility will be off-grid, using wind and solar energy to avoid potential power outages, and the location has been carefully chosen to be far from earthquakes,

tornadoes, snowstorms and any other turmoil the world might throw at it in the next few hundred years.

The idea of freezing people in the hope of reawakening them is not new.

In January 1967, cancer patient James Bedford became the first person to be cryogenically frozen, and his body remains in cold storage to this day, in a capsule designed by American wigmaker and cryopioneer Edward Hope.

Various organisations and companies have offered similar services over the past decades, often using hopelessly crude freezing techniques or failing to store the bodies properly.

Today, the cryogenic freezing of human stem cells, sperm, eggs, embryos and other small tissue samples is a routine part of scientific research and reproductive medicine in many countries.

Vitrification, a process that turns samples into a glass-like state rather than ice, was developed in the early 2000s as a way of overcoming the problems of ice formation in and around cells. Ice formation is an issue because it can cause dramatic differences in concentration inside and outside the cell, sucking water out and destroying it.

What the world will look like in hundreds of years' time is anyone's guess, but there are many logistical challenges for anyone is woken from the dead.

For a start, all your money, friends and family would be long gone, and you'd probably struggle to find work in whatever hyper-advanced society has managed to resurrect you.

If it was possible for a person to travel at very close to the speed of light, then time would slow down for them relative to everyone else.

This means that when they return to Earth, thousands of years may have flown by. However, unlike in Back To The Future, there would be no way back to the past. Sciencefocus

26,790,000

According to the World Health Organisation (WHO) the world has recorded 26,790,000 abortions worldwide in 2020. Every year in the world there are an estimated 40-50 million abortions. This corresponds to approximately 125,000 abortions per day. An abortion is the termination of a pregnancy by the removal or expulsion of an embryo or foetus from the uterus, resulting in or caused by its death.



Cash Flow Projections

Future business decisions will depend on your educated cash flow projections. To plan ahead for upcoming expenditures and working capital, you need to depend on previous cash flow patterns. These patterns will give you a comprehensive look at how and when you receive and spend your cash. This info is the key to unlock informed, accurate cash flow projections.



Truancy

A brunette, a redhead and a blonde all work in the same office with the same female boss. Every day, they noticed the boss left work early. One day, the girls decided that when the boss left, they'd leave right behind her. After all, she never called or came back, so how was she to know?

The brunette was thrilled to be home early. She did a little gardening and went to bed early.

The redhead was elated to be able to get in a quick workout at her spa before meeting a dinner date.

The blonde was happy, happy, happy to be home, but when she got to her bedroom she heard a muffled noise from inside. Slowly, quietly, she cracked open the door and was mortified to see her husband in bed with HER BOSS! Ever so gently, she closed the door and crept out of her house.

The next day, during their coffee break, the brunette and redhead mentioned leaving early again, and asked the blonde if she was with them.

"NO WAY," she exclaimed. "I almost got caught yesterday!"

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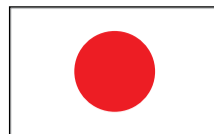
American Dollar
US\$17.42



Europe's Euro
€20.66



British Pound
£22.82



Japanese Yen
¥0.16



Chinese Yuan
¥2.51



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COMMODITIES (International Rates in US\$)

STOCKS	
S&P500	3,385.50
NASDAQ100	11,320.72
Nikkei225	23,096.08
Dow Jones30	27,829.00
FTSE 100	6,146.30
JSE	57,552.00
Hang Seng	25,367.38
PRECIOUS METALS	PRICE (US\$)
Gold	2,009.36
Platinum	966.50
Silver	28.35
Copper	6,356.70
Crude Oil / Brent Oil	45.37
EQUITIES	
Bonds	18.44
Treasury Bills	3.67
Interest Rates	7.67

AGRICULTURE (Rates in Maloti/Rands)

Maize Meal p/kg	M7.00	Eggs p/tray	M45.00
Wheat Meal p/kg	M10.00	Milk (fresh) p/litre	M16.00
Cabbage p/kg	M14.00	Milk (sour) p/litre	M20.00
Potatoes p/kg	M10.50	Rice p/kg	M30.00
Brown Bread p/loaf	M10.00	White Sugar p/kg	M22.00
White Bread p/loaf	M11.00	Brown Sugar p/kg	M25.00
Sorghum Meal p/kg	M25.00	Beef p/kg	M85.00
Brown Beans p/kg	M30.00	Mutton p/kg	M90.00
Tomato	M15.00		

ENERGY (Rates in Maloti/Rands)

Petrol Unleaded 93 p/litre	M11.35
Unleaded 95 p/litre	M11.20
Diesel 50PPm p/litre	M12.00
500PPm p/litre	M11.95
Paraffin p/litre	M6.85
Water (Domestic) p/litre	M5.53
Water (Industrial) p/litre	M15.03
Electricity (Domestic) p/unit	M1.38
Electricity (Industrial) p/unit	M0.26
Gas p/kg	M20.00

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Lucapa succeeds in restructuring its debt service

MASERU- The ongoing inconsistencies in global diamond market has forced Lucapa Diamond company, owner of Mothae Kimberlite Mine in Lesotho, to defer service of at least \$13 million (M224,789,500.00) worth of loan payments that were due by the end of next year to 2022.

The \$13 million loan was largely acquired by the company in 2018/19 to improve its financial position shortly after taking charge of the Mothae mine in 2017.

Its lenders include Equigold and New Azilian, as well as the Industrial Development Corporation of South Africa (IDC).

But now due to the weak global markets, the company finds itself having to defer such debts to 2022.

The restructuring of debt allows the Australian based company more freedom to focus on navigating the weak diamond market.

"The refinancing arrangements will give Lucapa and Mothae more flexibility to navigate the pandemic affected diamond and investor markets and the support to continue driving the company's strategy on its niche high-end operations and exciting exploration projects," the mine said in a statement this week.

In October 2018, Lucapa announced receiving \$7 million (R100 million) from South Africa's IDC to boost development at its 70 per cent owned Mothae mine in Lesotho.

The company said the loan would considerably strengthen Mothae's cash position.

"Lucapa Diamond Company and the government of Lesotho are pleased to announce the receipt of an approved term sheet from IDC for US\$ 7 million (M100 million) development facility for the high quality Mothae Kimberlite diamond mine in Lesotho.

"The financing agreement with IDC, which is one of the largest development financiers in Southern Africa, followed an extensive period of due diligence and site visits where the legal, technical and financial modelling of the two



IN DEBTS: The Mothae Kimberlite mine

phased development of Mothae mine were reviewed," Lucapa announced in 2018.

Government, through Ministry of Mining also endorsed IDC support.

In 2019 again, Lucapa announced further funding and refinancing arrangements to reduce the higher cost debt used to fund the development of Mothae diamond.

The company entered into another US\$7 million one-year loan facility with New Azilian at an annual interest rate of 10 per cent, payable quarterly.

Lucapa would utilise the New Azilian funding to pre-pay two

quarterly US\$1.9 million capital repayments on the company's Equigold debt facility of October 2017.

Equigold had agreed to waive the early repayment fees in the loan agreement as part of the refinancing.

In addition, Equigold and Lucapa had agreed to bring forward the rights under the loan agreement for Equigold to convert a US\$1.9 million quarterly capital repayment into ordinary fully paid Lucapa shares.

The net effect of the quarterly capital cash pre-payments and conversation will see the Equigold debt facility reduced to US\$7.5

million.

Currently, Mothae remains on care and maintenance until market conditions and rough diamond prices improve.

Last month the mine announced to its partners, government of Lesotho of its intentions to sell diamonds to Lucapa Diamond Company for a period five years through a non-tendering process as is the standard at international level.

This, the mine said was due to significant pressures in the diamond industry which have taken a toll on Mothae Kimberlite mine.

Government is yet to make a

decision on the matter.

Mothae sells its diamonds in Antwerp Belgium, but with the world's largest diamond hub closed due to Covid-19, Mothae is struggling to make ends meet, the company has said.

The Australian based company acquired Mothae in early 2017 and has a 70 per cent interest in the operation, while the government of Lesotho owns the remaining 30 per cent.

The mine is located five km from Letšeng diamond, the world's highest dollar per carat kimberlite diamond mine.

PEP has new look

PEP has a new logo, which is an almost complete departure from its previous branding.

The new logo adopts a different shade of blue, and features a yellow half-circle.

According to the company, the half-circle is known as the "PEP tab".

"Inspired by a tab in the digital world which gives access to more content, the TAB will be used to showcase "the much more" on offer at PEP...more of the lowest prices, more everyday convenience, more stores, more smiles, more trusted quality, more amazing products and

services," a spokesperson said.

The 55-year old company is Africa's largest single brand clothing retailer, and its new branding will be rolled out across its more than 2,350 stores. The company says it will take "several years" to complete the rebranding.

"This is much more than just a logo change, it's a bold statement of our confidence in the future of PEP and of the country," says CEO Jaap

Hamman.

"We've been talking to our remarkable customers, looking at our market, improving our positioning of lowest prices and significantly evolving the way we do things. We're now in a position to confidently communicate the changes PEP has made, over many years, in a relevant and contemporary way."

The company says the changes

will be implemented in "a phased and responsible manner through the re-allocation of existing budgets".

Pepkor, owner of PEP along with Ackermans, reported that sales for the nine months to end-June was down 1.5% to R52 billion. The embattled Steinhoff holds a majority stake in its owner Pepkor.

In recent years, Game, Absa and Cell C also announced logo changes.



Illegal booze trade scores big via COVID-19 restrictions

NEO SENOKO

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MASERU – While consumption of alcohol in public places is prohibited under the COVID-19 restrictions in Lesotho, selling it from backdoors has brought ample wealth to people who opted not to abide by the law.

With the sale of alcohol banned for over a month, the illegal booze trade has mushroomed with sky-rocketing prices. People who used to frequent shebeens in Maseru and Leribe, say syndicates have stepped in and are charging excessive prices for conventional brands of alcohol.

The alcohol ban was to allow police and the health sector to better focus on tackling the coronavirus, according to the National COVID-19 Secretariat (NACOSEC) and security authorities.

Alcohol-fuelled violence and road accidents are a huge problem in Lesotho. Doctors and police say the ban has had a substantial impact, contributing to a sharp drop in

casualty admissions in local hospitals and health centres.

But the country's booze retailers argue that they are being driven out of business. Hence many decided to proceed with their business through a network operated from backdoors.

"Honestly, I have made more money than ever. Beer is sold everywhere in the country from backdoors and consumers don't mind the increased prices, as long as they have access to the alcohol. This brings in more profits than ever before," explained a retailer who owns a tavern in Motimposo, Maseru.

Asked why she had doubled her liquor prices, the woman who declined to be identified for fear of reprisal she remarked, "I'm taking a huge risk. I will have to pay a MIO 000 fine should I get arrested and failing which, I will go to jail. Let's just say the extra charge is meant to cover for security purposes that could include paying bribe to police."

Another illegal liquor trader Mohapi of Hleoheng in Leribe also echoed the sentiments of the Motimposo tavern owner's.

"We are risk-takers who only strive to survive after restrictions were imposed on our alcohol selling businesses as part of measures to fight the COVID-19 pandemic. Since these regulations were introduced, the rate of binge drinking has increased enormously throughout the country. People have money because they no longer buy clothes and other things that they don't consider important now; hence they drink alcohol a lot. We have also managed to retain our employees via the backdoor business," he said.

Last Saturday, a group of youths (boys and girls) carrying bags filled with alcoholic beverages, was spotted crossing the Mohokare river on the outskirts of Maputsoe.

Before crossing into Ficksburg, South Africa, where they live, the youths had boasted that business is booming between the two zones parted by the unguarded river borderline.

"For example, we buy a 750ml bottle of beer for M20 from a secret source (termed sekoti) in Lesotho, and sell it for M40 in

Ficksburg. Sometimes we cross the river twice a day to fetch alcohol through backdoors in Lesotho because we often run out of stock.

"Our customers are thirsty and they don't hesitate to pay any amount to get their hands on these beer bottles," said a youth who appeared to spearhead the operation.

The incident occurred a few days before South Africa lifted the ban on alcohol and cigarette sale.

Those who cannot afford the ridiculously high street prices have resorted to brewing their own liquor at home and selling it. Pineapples and sorghum are the common ingredients used for the home-brewed beer.

Hence, most people are now making a living from the home brew and produce buckets of alcohol in several communities.

"People will always drink alcohol whether the regulations are imposed or lifted. What we have to do seriously is observe social distancing instead and not destroy our flailing economy. I have resorted to drinking homemade booze because it is much cheaper and affordable," said a professional teacher from one famed high school in Maputsoe.

Last week reports showed that the government has also, by this far, lost a fortune of about M45 million in tax revenue due to the ban on alcohol trade in Lesotho.

Game re-enters budget clothing market after 15 years

NQOBILE DLUDLA AND
TUMELO MODIBA

South African general merchandise retailer Game re-entered the clothing market on Friday after 15 years with the launch of a new range in 22 stores in hopes of boosting its profit and margins as part of a turnaround plan.

Game, owned by retailer Massmart, has been a drag on group profit as financially constrained customers prioritise spending on non-durables, such as food, over bigger-ticket items like appliances.

Still, Game's fresh and frozen food category was underperforming, prompting Chief Executive Mitch Slape, who has said the business's proposition was muddled, to move to replace it with a budget clothing range, dubbed Stylessentials.

"We are expecting a positive result in terms

of our revenue streams from Stylessentials in the next year, as the range replaces our fresh and frozen offering," Neville Hatfield, Game vice president of merchandise, said.

The clothing range will be available in all 122 stores across South Africa by July 2021.

Game Vice President Andrew Stein said the retailer had identified a gap in the market for seasonally relevant casual wear "that is designed with the South African consumer in mind" and has taken market trends into account.

The retailer's launch of casual discount wear comes at a time when athleisure, t-shirts and sweat pants are the new best sellers across retailers, while suits, ties and formal dresses gather dust as the coronavirus forces people to work from home.

It also stands to benefit the retailer as consumers are cash-strapped and more price-conscious in the current environment. Reuters



This is Lesotho...

... In News



UNDER FIRE: Maseru city centre

Hundreds of street vendors in the capital Maseru took to the streets yesterday to put pressure on government to provide them relief funding as promised.

The protest which took place despite the COVID-19 restriction had earlier been disowned by the street vendors' association and several other official civil rights groups. As they held high their placards with messages outlining their demands, the vendors also forced several shops at the main bus-stop area to close, charging that the government is bent on helping foreign owned businesses than indigenous local businesses.

Many of the mainly Chinese owned supermarkets remained closed on Wednesday while some South African retailers also took precaution to close their business doors.

... In Politics



Prime Minister Dr Moeketsi Majoro

The Lesotho Police Staff Association (LEPOSA) has issued a letter of demands to the Prime Minister Dr Moeketsi Majoro with several ultimatums which include the immediate interdiction of the Commissioner Holomo Molibeli as well as the reinstatement of a junior female police officer who was suspended after filing for harassment and torture at the hands of the police.

The battle between the association and the police boss has been bulging since the formal charges against the female officer and her husband were brought forward last year and intensified as the Tom Thabane government headed to its collapse early this year.

The LCD secretary general's threat to quit his party has not yet been resolved with the peace meeting expected to continue today (Thursday) where issues have reportedly recorded high temperatures between him and the deputy leader. In some of his clips circulated on social media, Teboho Sekata has warned that if the matter is not handled in good faith, he will have no option but to part ways with LCD.

MoneyMatters make it count

Why investing is important even amid a pandemic

"The best time to plant a tree was 20 years ago. The second best time is now." This well-known Chinese proverb is not lost in the context of saving and investing. If one has missed the opportunity in the past to save, it is important to take the lesson from the proverb and start saving now, no matter how small the amount.

"In the last four months we have seen the biggest shock to the financial system since the Second World War. This has made many of us question the conventional wisdom around wealth preservation and saving. There are many misconceptions about investing - such as, investing is for the rich, small amounts don't count, or it is too late to start.

Investing has become a lot more accessible, small amounts accumulate, it is never too late to start the process. However, with the impact of compounding returns the benefits of investing early in life are evident. This is especially true if you don't want to outlive your savings, something which is becoming more and more commonplace," says Duncan Wattam, Head of Investments at Standard Bank.

If you want to build any kind of wealth through investing, you are going to need to utilize the power of compound returns on your investment.

If you spend on consumables rather than assets that increase in value over time, and never learn to save, you will miss out on this valuable financial opportunity.

Compound interest is extremely powerful; however, you need to give it enough time to work its magic. The more time you waste, the less opportunity you have to allow this compounding to work. To put it in practical terms:

If you invested R20,000 once off for 35 years at a 9% return (JSE has returned 8.7% over the last 35 years after inflation), it would equal R461,268 at the end of the investment period. Alternatively, if you saved R500 per month over 35 years at 9% return it would equal R1,470,892. Whereas, if you contributed R500 per month over 35 years, in addition to the initial investment of R20,000, the investment would be worth R1,932,160 after 35 years.

Inflation is another major consideration

when investing. Let's say you have R1000 in a savings account that pays a 3% interest rate. After a year, you will have R1030 in your account. However, if the rate of inflation is 5%, you would need circa R1050 to have the equivalent purchasing power. Any time your investments doesn't grow at the same rate as inflation, you will effectively lose money.

Financial markets can be difficult to navigate - here a few tips which can help you get started:

Tax-Free Investments:

Tax-free investment accounts (TFIs) are a great place to start investing. TFIs were launched by the South African government on 1 March 2015 as part of their initiative to encourage people to save more. South Africa has one of the lowest savings rates in the world, and many South Africans do not have any form of formal retirement savings.

TFIs aim to improve financial security by encouraging an investment culture. Unlike other investment products, all proceeds, which include interest income, capital gains and dividends from these accounts, are tax free. Tax-free Investments will therefore significantly increase the returns for individuals. Contributions are currently limited to R36 000 a year and R500 000 over your lifetime. It is important to note that any funds withdrawn from these accounts cannot be replaced and that any contributions over the annual R36 000 limit will be subject to tax.

Equity Risk:

Don't avoid equities and the associated volatility, especially if you are young and have many years of saving ahead. Equity returns have outperformed other asset classes and inflation over the last 100 years and are expected to do so for the next 100 years.

Unless you are a trader, buying shares on the stock market should never be a short-term gamble. Investing is a long-term discipline and starting early will allow for greater resistance to volatility and risk. The longer the investment period, the greater potential to grow wealth on initial investments.

Use an Investment Experts:

Many people unconsciously exhibit traits

that make them poor investors and can lead to unintended investment losses. Financial advisors are in a position to assist investors identify the appropriateness of investment strategies and to counteract some of the investment biases we may fall victim to.

Investors are often lured by the prospects of large gains toward the end of a bull market and panic when there is a market correction, resulting in poor returns. In addition, trying to opportunistically "time the market" is also incredibly difficult to do in practice and this strategy is inevitably met with disappointment. Investment Advisors can help you achieve your investment goals.

Prepare for Retirement:

If you have dreams of retiring, you need to start investing as soon as possible. The longer you wait to start investing, the more you have to put away every month at a later stage.

You will also delay putting yourself in a position where early retirement is a genuine possibility. Remember that if you want to retire early, you will, in the majority of instances need to supplement your pension fund or retirement annuity.

The Freedom of Youth:

Young investors have greater freedom to create positive saving and investment habits - as you get older, your living expenses increase, often limiting the money you are then able to invest. Take advantage of the reduced financial responsibilities in your youth and invest what you can afford now.

The financial habits you learn in your twenties can make or break your financial future. Good financial habits, appreciating the power of compounding, and making sound investment decisions will help secure a better long-term financial position.

For many people it is easier to put off investing decisions until their financial situation becomes more stable. But doing so delays the effects of compounding - one of the greatest benefits afforded to investors. Investing is a key first step on your journey to building wealth and achieving your financial goals.

Personal Finance

Out of The Ordinary



4000 sign petition to save laptop-thieving boar chased by naked man

Some 4 000 Berliners have signed a petition against the culling of a wild boar that recently caused a sensation on social media after it stole a nude bather's laptop at the Teufelssee lake.

Sunbathers at the lake were treated to the sight of a naked man chasing after a wild boar and her two young. The boar was seen running

across the grass carrying a bag in its mouth which contained the man's laptop. Photos of the incident were shared widely online after a Berlin local posted them to Facebook.

As a result, local authorities had vowed to keep a close eye on the animal and other wild boars at Teufelssee to see if they posed a danger

to the public. They had declined to rule out that the animal would be culled.

"The wild boar from Teufelssee deserves to live," the petition said.

The wild boars that live around the lake are known for their unusual confidence around humans. Reuters

Women in Lesotho most infected by COVID-19, studies reveal



PROBING: CEO of NACOSEC, Thabo Khasipe

described it as quite encouraging - one in five people has recovered from the disease.

He, however said there is a higher rate of death. From the infected cases, when reports were made, the rate at which people are dying from the virus was 3.1 percent, which he said is uncomfortably high, compared to other countries where the death rate

“

there is a higher rate of death. From the infected cases, when reports were made, the rate at which people are dying from the virus was 3.1 percent, which he said is uncomfortably high, compared to other countries where the death rate stands at around 0.5 percent.

stands at around 0.5 percent.

The 3.1 percentage he said means if one is infected with the virus, there is a 3 percent chance that such a person will die, while for other countries, the probability is less than one percent.

For Lesotho, Khasipe said it means people should work hard to avoid infection, which can lead to their deaths.

The first death was recorded on the first week of July, a month later by 10 August, 23 more deaths had been reported and cumulative death confirmed as per the recent report has recorded COVID-19 deaths at 30 people.

LINEO MABEKEBEKE

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MASERU - The number of women infected with COVID-19 far much surpasses that of their male counterparts, a report released last week has revealed.

According to the National COVID-19 Secretariat (NACOSEC), 62 percent of the infected are females, while male stand at 38% countrywide.

Maseru still has the highest infection rate at 50 percent followed by Leribe with 13 percent while Thaba-Tseka is the last district with just two percent.

With the reported results, NACOSEC has pledged to keep investigating as to why women are being infected more than men.

The chief executive officer of NACOSEC, Thabo Khasipe, also noted that by age distribution, COVID-19 cases are largest in the age group of 30-35.

He said people who are also mostly infected are between the ages of 26 and 30 while the least infected are those at 60 and above as well as children.

Khasipe further noted that there is a chance that most people were infected with COVID-19 and recovered without even knowing, alluding to the fact that testing has been very low and slow in the country.

Speaking of the recovery rate, he

Low quality PPE has been rejected - Moakhi

LINEO MABEKEBEKE

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MASERU - As individuals and local companies heed the call to help the government mainly through the Ministry of Health fight the COVID-19 pandemic, some of the Personal Protective Equipment (PPE) donated has been rejected by health professionals at the health facilities because it was not of the recommended and prescribed quality.

Speaking at an event that was intended to launch a partnership between Sekhametsi Development Trust and the Lesotho Nursing Association (LNA), Deputy Minister of Health Nto Moakhi, said he was aware that the quality of PPE matters.

He said he was also aware that sometimes when the donated PPE arrives at the designated facilities; it is rejected because it is not of the quality to protect healthcare workers.

He said as government they have also been advised by the health

professionals that they should first be informed when the ministry receives PPE, so that they can help assess and identify if it is the right equipment required.

The deputy minister appealed to the National COVID-19 Secretariat (NACOSEC) and different stakeholders, who will genuinely donate PPE to ensure that it has to go through health-workers for inspection and approval.

He also appealed to health workers to ensure that the distribution of the donated PPE is done promptly.

Speaking at the same event, Morake Raleaka, deputy chairperson of Sekhametsi, said LNA asked them for assistance with proper PPE in order to save the lives of Basotho.

He said they worked together with LNA in locating the correct PPE and ensuring that it gets to the health facilities within the promised time.

When receiving the equipment, the president of LNA Raphael Tlali, said this is a critical time when they are



Deputy Minister of Health Nto Moakhi

dealing with the new virus, adding that they need to be careful with their patients, more than ever.

He therefore showed that the main challenge that they always encounter is the shortage of PPE at their workplaces, adding that is what prompted them to approach Sekhametsi for assistance.

Tlali appealed to his colleagues to warmly receive the equipment and take good care of it, while working hard to fight the COVID-19 pandemic.

The donation included PPE to cover all the 226 health centres nationwide, 1630 branded protective face shields, 1130 medical aprons (sterile gowns) and 456 isolation hooded medical coveralls.

There is still a challenge in wearing masks - WHO

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MASERU - The World Health Organisation (WHO) has marked August 7 - 14 as the International 'Wear your mask Week', because face coverings are some of the best tools against the spread of the COVID-19 pandemic, particularly where social distancing is not practical.

Wearing a face mask helps prevent the spread of COVID-19 and it is recommended as a simple barrier to prevent respiratory droplets from moving from one person to another, according to the WHO guidelines.

WHO's Dr Hana Bekel said face masks are important now in people's lives and are still going to be important in the coming years because the Corona virus is going to live with us for quite some time.

She said the measures that people have shown in respect of wearing face masks and the general use of masks should continue, adding that one thing that people should remember is that; wearing masks is not the only measure that people

should be taking.

Bekel said people should not forget other public health and hygiene measures if they want to reduce the transmission of the pandemic.

She said once people wear masks, they forget to distance themselves from others, and that slows down washing of hands.

WHO, she said wants to inform people that wearing masks alone is not enough.

The organisation she also showed wants to emphasise that face masks should be used as part of a comprehensive strategy of measures to suppress the transmission, because the world needs to flatten the transmission curve.

The COVID-19 response plan, she said, has nothing but the priority to save lives of people.

"The use of face masks alone is not sufficient to provide adequate protection from the disease," emphasised Dr Bekele, adding that WHO advises decision makers to understand the purpose of face masks use and to remember that the use of masks is to prevent the spread of the infection.

Cigarettes loosen mouth of food pipe

Smokers are known to suffer from more acidic pangs. Nicotine in cigarettes has a tendency to relax the smooth muscles of body, including the muscles of lower esophageal sphincter as well. Once that tight ring on the mouth of stomach gets relaxed, there is an increased probability of acid surging from there to the food pipe.

Achilles Tendonitis

Achilles tendonitis is inflammation that causes pain on the lower back of the leg just above the heel. The area may become painful, swollen, and stiff. The pain worsens after physical activity. The tendon may become thickened and, in some cases, bone spurs may develop in the area. Achilles tendonitis may be treated with rest, ice, stretching, and nonsteroidal anti-inflammatory drugs. Strengthening exercises prescribed by a physical therapist may help. Special footwear and orthotics can help take the strain off the affected heel.

Cardiovascular/Circulatory System Function

The cardiovascular system is a highly efficient system for moving substances around the body. The body's entire blood volume takes about a minute to circulate - making this a truly high-speed expressway for distributing oxygen, nutrients, messages, and removing waste.

The heart is the central pump of the circulatory system, sending blood to throughout the body at very high speeds. To ensure that we get enough oxygen, the heart even pumps blood through a special circuit to send large amounts of blood through the lungs quickly.

TO YOUR GOOD HEALTH

Less sugar means healthier teeth

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Tooth decay occurs when bacteria in the mouth creates acids that dissolve and eat away enamel (outer layer), middle layer and inner layer of the tooth.

The further the decay that enters into the tooth, the more the damage and

pain that one feels.

Local dentist Dr Khobotle Maieane says sugars themselves do not eat away at the teeth, but feed the bacteria in the mouth, which produces more acid and accelerates tooth decay.

Maieane says if one consumes a lot of substances that are sugary and acidic, they are doing double damage to their teeth.

He notes: "It is very tempting to have ice-cream before one goes to bed, and the consequences of these late night sugar rushes, are huge for the teeth."

He says drinking of water could be a block in itself, but in dental world, drinking more water means healthier saliva levels, decreased risk of bad breath, the dilution of acids and

sugar in the mouth, and ultimately, a decreased likelihood for tooth decay, gum disease, and virtually, any other oral health issues.

To prevent cavities and maintain good oral health, he says diet is essential.

What one eats and how often they eat are important factors, he explains, adding that changes in the mouth start the minute one eats certain foods.

He also shows that sugarless or sugar-free foods sometimes simply mean that sugar was added to the foods

during processing.

However, it does not mean that foods do not contain other natural sweeteners such as honey and these natural sweeteners contain the same number of calories as sugar and can be just harmful to teeth.

The basic tips for caring for teeth and gums he says is for people to brush their teeth regularly, at least twice a day.

"Also to visit a dentist regularly for check-ups and cleaning, at least twice a year," he also advises.

King supports healthy living projects



SUPPORTIVE: His Majesty King Letsie III

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MASERU – His Majesty King Letsie III on Friday handed over a cheque worth M15 000 to residents of ... in Mafeteng for a community tree production project.

The handing over ceremony was held at the royal palace in Maseru.

The donation was a contribution made by a local health, wellness and social services provider, Mamoth, to His Majesty as part of commemorating his 57th birthday.

The company also wanted to give back to the community as part of its corporate social responsibility programme.

It said the donation was in anticipation of the socioeconomic effects of COVID-19 that are exacerbating the already dire situation of poverty in Lesotho.

Mamoth therefore thinks it is imperative to drive food security projects during and post-pandemic for communities in the rural areas.

Chief executive officer of Mamoth, Teboho Makoetlane, said from last year they have been looking for projects that they could support in order to celebrate the king's birthday.

The plan he said is also to support his objectives like food security and good nutrition while offering assistance to create employment especially amongst the youth.

Makoetlane said in April, the Limomonane Products approached them with a project proposal for the plantation of about 3 000 fruit-trees in Mafeteng, to empower the local community.

The project will also help Limomonane as a fruit processing

company to have a consistent supply throughout the year, unlike when it depends on individual suppliers.

"We thought this was something that His Majesty would love to deal with, ensuring that communities are able to create employment for themselves," Makoetlane also said.

For his part, King Letsie III, as the African Union (AU) nutrition champion, thanked Mamoth for the initiative, saying it showed the love the company has for Basotho youth.

He was hopeful that other youth will take it as a good example, to work towards job creation and in turn help their communities towards the development of the economy.

The king also expressed his gratitude to Mamoth for considering the good work that is done by Limomonane, encouraging other local companies to follow suit in the fight against hunger and poverty.

On behalf of Limomonane products, Lipuo Nkholi said they are going to help fight food insecurity and ensure that they produce more than they used to.

She said they chose the production of fruit trees due to their health benefits in human beings.

She said Lesotho's weather is ideal for the production of fruits adding that the company's long term goal is to export its produce to international markets.

Mamoth has as its strategic focus on social responsibility, to contribute towards projects that promote a healthy living and boost investments in nutrition and wellness amongst Basotho.

In its statement, Mamoth said as the only indigenous medical aid provider in the country, it prides itself in creating strong local value chains, as well as maintaining caring relationships with

Basotho and the environment - "Because We Care".

The statement said it was therefore fitting that the company identified a suitable project to fit the category called

"Development of Fruit Orchard for Climate Action and Food Security".

The project, initiated by Limomonane Products, is also seen as a major contribution to the alleviation

of hunger and poverty as well as the empowerment of disenfranchised farmers with skills in order to improve their response to global crisis of food security.

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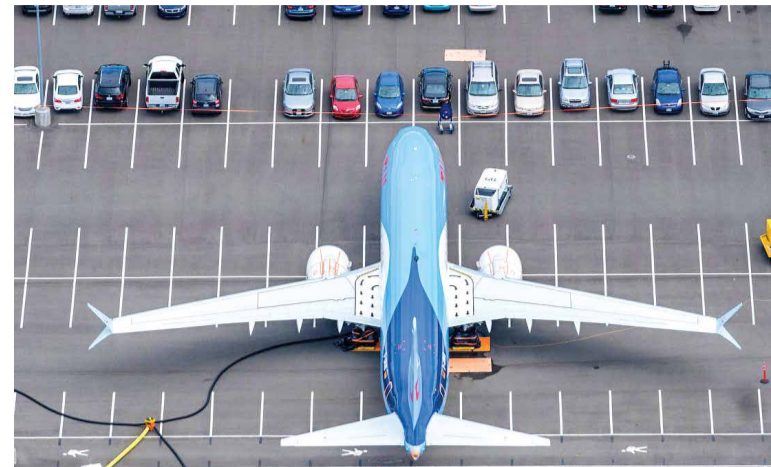
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Victory! But the struggle for international travel continues...



The Tourism Business Council of South Africa (TBCSA) will continue to lobby for the reopening of international travel, says ceo of the industry body, Tshifhiwa Tshivhengwa.

He welcomed the opening of inter-provincial travel and the unbanning of alcohol sales as the country prepares to enter lockdown Alert Level 2, noting that it would "go a long way in helping the industry to recover".

Tshifhiwa was reacting to the announcement from President Cyril Ramaphosa on Saturday (August 15) that, from midnight on Monday (August 17), all restrictions on inter-provincial leisure travel will be lifted.

This means accommodation, hospitality venues and tours will be permitted according to approved protocols that ensure

social distancing. Restaurants, bars and taverns will also be permitted to operate according to approved protocols as to times of operation and numbers of people.

Tshifhiwa said domestic tourism relied on interprovincial travel for income generation. Western Cape Premier, Alan Winde, also hailed the announcement. "As a province, we welcome the announcements, which will impact the tourism, hospitality and agri-processing industries, which are significant job creators in the Western Cape.

According to him, alcohol sales can account for up to 80% of sales for restaurants, and for the restaurant and tourism industry to survive, restaurants should be able to sell alcohol.

Tshifhiwa had warned the

beginning of July that mass retrenchments were looming should inter-provincial leisure tourism not be allowed, noting that by the 100th day of lockdown, over R68bn in travel and tourism spend had been lost.

"Domestic inter-provincial leisure travel could save thousands of travel, tourism and hospitality jobs," said Tshifhiwa.

Meanwhile, the wine industry acknowledged the announcement by President Ramaphosa to resume local trade and distribution of alcohol but said the industry still had a long road to recovery.

Travel News's sister publication, Tourism Update reported last week that the travel restrictions, coupled with the ban on alcohol sales, had severely affected wine tourism.

A recent report, released by VinPro, showed that wine tourism directly contributed R2,4bn to the country's GDP. Wine tourism includes activities such as wine tasting, farm restaurants, conferencing and events, wine tours, accommodation and wedding facilities.

The report also found that smaller wineries were the most reliant on tourism, with over 40% of their overall turnover coming from tourism activities. The lockdown has affected this source of income for wine cellars, with potential long-term effects not only on wine production but jobs and sustainability of business, according to wineland authorities. Travel news

Recipe Of The Week

Sesame Chicken

Sesame Chicken with Noodles is an easy weeknight dinner made with chicken, veggies, and rice noodles, all cooked in a delicious sesame sauce.

Ingredients

Sauce:

- 1 cup chicken stock
- 1/3 cup soy sauce
- 1 tbsp brown sugar
- 2 tbsp rice vinegar
- 4 garlic cloves pressed
- 3 tbsp sesame seed oil
- 1 1/2 tbsp corn starch

Sesame Chicken:

- 8 oz uncooked rice noodles
- 1.25 lb boneless skinless chicken breast 2 average size breasts
- 1 red bell pepper
- 1 small yellow onion
- 8 oz broccoli florets
- 2 tbsp canola oil
- 2 tsp sesame seed oil
- 1/2 cup chopped scallions chopped into about 1-inch pieces

Garnish:

- 2 tbsp diced scallions
- 2 tsp sesame seeds

Instructions

Combine ingredients for the sauce in a mixing bowl and whisk well. Chop chicken into small cubes, discarding fat if any, and add it to the sauce. Stir and let it marinate for 15 minutes.

(If you wish to cook it later, make sure to cover it well and refrigerate for a few hours or

overnight.)

While chicken is marinating, cook noodles according to the package instructions, strain and set aside. Chop and slice vegetables and set them aside.

Preheat a large cooking pan (or a wok if available) over medium heat. Add canola oil and sesame oil.

Take out chicken (save marinade) and cook it until about half way done, stirring and turning it over as it cooks.

Add veggies, stir and cook until veggies start to soften.

Pour in marinade and cook until chicken is done and veggies are tender, stirring once in a while. Make sure sauce simmers for a few minutes since it contained raw chicken.

Once everything is cooked, add cooked noodles and stir until everything is evenly incorporated.

Garnish with extra diced scallions and sesame seeds.



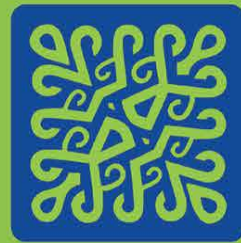
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METROPOLITAN LESOTHO

Reentseng Jeremia Manyali

The good soldier is no more



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DIED 64, Reentseng Jeremia Manyali, Thabure Media Group (TMG)'s driver and a former official chauffeur to His Majesty King Letsie III died on July 23, at the Makoanyane Military Hospital following a brief battle with sugar diabetes.

The former Lance Corporal in the Lesotho Defence Force (LDF) was laid to rest on August 8, in his home village of Ha-Rasebesoane in Mazenod, in the outskirts of Maseru.

In his condolences speech at the funeral service on behalf of TMG staff, Manyali's colleague and fellow driver Zacharia Liporo described the deceased as a man who was clearly devoted to his job.

"Although he was a lot older than everyone at the office, his commitment to his job was unmistakable. He was a peace loving man who was always ready to share a joke or give counsel to his younger colleagues at any time. We already miss him," Liporo said, adding that the gap Manyali's passing had created was difficult to fill.

Born on June 23, 1956, at Sebapala in the Quthing district, Manyali was the eighth child of the late Manyali (senior) and 'Mamotiki Manyali.

After he left Nkuebe primary he proceeded to Sebapala high school where completed his secondary education.

As soon as he finished high school, he crossed the border to South Africa where he found employment in the rich diamond mines.

While he was still working in the SA mines, he married his wife 'Mathabo formerly called Kefuoe Tlhomola of Matsieng, Maseru. The couple was blessed with a son and two daughters. In his lifetime, Manyali was an avid athlete and a fine marathoner though he never quite

ran competitively.

He left the mines to join LDF on March 2, 1981 and spent 29 years in the army serving in different units.

Owing to his excellent driving skills he spent most of his long service in the army attached to the transport division and the very important persons (VIP) security battalion.

During his spell in the VIP security unit, Manyali was for a long time deployed at the Royal Palace where he served as His Majesty King Letsie III's official chauffeur.

In 1991 and 2001, the army awarded him Military Service Medals (MSM) for 10 years and 20 years respectively for good and loyal service. On April 1, 2006, he was promoted to the rank of Lance Corporal.

When he finally retired on February 1, 2009, he had served the army precisely for 28 years and 11 months.

His love for cars and driving could not allow him to stay at home and enjoy his pension. Immediately after he left the army barracks for good, he joined a local tobacco supplying company called the Chain Supply Tobacco where served as a driver.

When he finally left Chain Supply Tobacco, he joined TMG in 2018.

Although Manyali's passing left his family, friends and colleagues with a great sense of sorrow, however, different speakers at his funeral tried their best to soothe the mourners by sharing good memories and experiences they had with him.

One of the speakers Tšolo Mphasa said he received a call from a family member on July 22 warning him that Manyali was seriously ill and could no longer walk unaided.

Later that day, the family took him to a local private hospital but his condition worsened during the night.

"The following day, he was

transferred to the Makoanyane Military Hospital where he was admitted and put on drips. Thereafter, he seemed to recover and began to even notice where he was. He started talking about people and certain things, which gave everybody, hope that he would be fine eventually," Mphasa said.

A need to once again transfer him arose and he had to be ferried to the nearby Queen 'Mamohato Memorial Hospital.

But he died even before he went aboard the hospital ambulance, an evidently grieving Mphasa said.

Manyali's son-in-law Motseki Nkhi said the deceased showed great love and respect to him ever since he married his daughter.

"I will always remember his extra-

ordinary love and respect for other people, he was indeed an amazing man and father," Nkhi said.

One of his neighbours, Fahli Mafohla described Manyali as a people's person who worked hand in hand with the area chief in addressing community issues.

"He was always punctual like a true soldier he was and worked tirelessly towards his set goals," Mofohla also said.

Being the friendly person that he was, Manyali who however had in his lifetime being a teetotaler had several friends and acquaintances who used to share good and bad times as well as jokes and light moments with him.

His oldest and closest friend Sekhoane Kutumela described his late

pal as an honest man who was always loyal to his loved ones.

"Not only was he kind, but he was also a true friend who was able to accept situations as they came whether good or bad. I personally felt very comfortable around him," he said, adding that his love for work had always amazed him.

On behalf of the army, Lieutenant Colonel Nokana said although at the time of his passing Manyali had long retired, he was however still a soldier.

"During his long service in the army, he did a lot of important roles for the government because he valued his work and loved what he was entrusted to do.

"Soldiers are not only soldiers at the barracks but even in the communities where they live they must act as such. This is what Lance Corporal Manyali was to his fellow villagers during his lifetime," Nokana also said.

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Ramafole to donate blankets on her birthday

As part of celebrating her 33rd birthday, Itumeleng Ramafole will hand over blankets to 10 vulnerable children in the Stadium Area constituency.

“I identified 10 such children from my constituency, and picked two children from each area in seven areas of my constituency and selected four children from my area Sea Point

“I identified 10 such children from my constituency, and picked two children from each area in seven areas of my constituency and selected four children from my area Sea Point,” Ramafole said.

She said she asked her friends to bring forth presents in the form of blankets as gifts for her birthday.

“I am already receiving the presents in question and will hand them over to the vulnerable children on Saturday August 29,” she also said.



GIVING: Itumeleng Ramafole of Sea-Point



Applications are invited from suitably qualified and experienced candidates for the position of Regional Manager - Central Region in a dynamic and highly innovative financial institution, which provides financial services to Government, parastatals and private employees.

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 - Increase market share in the public sector guided by your portfolio targets set out in the budgets for the year.
 - Assist in the development of marketing strategies for the financial year and implement as appropriate within the region.
 - Recruit appropriately qualified sales agents and team leaders, in accordance with the manpower requirements as defined from time to time.
 - Provide training and oversight for all new recruits to ensure that they achieve the required level of competence as quickly as possible.
 - Provide daily monitoring of all activity and conversion measurements, identifying negative variances and actioning same accordingly.
 - Maintain detailed records of all activation and conversion data as well as of all interventions on underperforming agents and team leaders.
 - Provide daily reports, i.r.o. activity and conversion statistics and interventions as well as on general operational items, to line management, in the prescribed format and at the prescribed times.
 - Identify, analyze and report on new trends in microfinance in the region.
 - Interact and maintain key client relationships with employers and third parties.
- Collections:**
 - Ensure that service levels in branches and satellite offices under your control meet the required standards.
 - Ensure that visitors' registers and complaints' registers in branches and satellite offices are strictly maintained and audited.
 - Conduct daily, weekly and monthly meetings with your sales team(s) discussing the previous period's work and the following period's planned activities.
 - Prepare and submit weekly plans at the end of each week detailing activities for the following week.
- Ensure collection of byproducts from Ministries, Counties and other cost centres within your region to meet the set deadline every month.**
- Ensure that feedback on byproduct status and collection is provided to Collections Manager and Country Head daily.**
- Ensure that payments from ministries, Counties and other cost centres within your region are promptly followed up with and collected.**
- Ensure that feedback on payments status and collection is provided to Collections Manager and Country Head daily.**
- Ensure that any dropped accounts and/or uploads, as informed by the Collections Manager, are promptly notified to the relevant Ministry, County or cost centre and are promptly followed up with in accordance with deadlines as provided from time to time.**
- Ensure monthly mismatches are lodged at respective payrolls and feedback provided within the set deadlines.**
- Partial Performing Arrears Rollover Campaigns, as allocated to each Regional Manager monthly, to**

REGIONAL MANAGER – CENTRAL REGION

be actioned daily (calling – appointment – rollover) and reported on daily to the Collections Manager and Country Head.

h. Calling, tracing and visiting of next of kin on deceased client matters to obtain death certificates for submission to the Collections Manager to conclude deceased claims via the relevant credit life insurer. Reporting on these daily to the Collections Manager and Country Head.

3. Housekeeping:

- Carry out regional monthly internal audits as set out in the audit templates, to the standard and in accordance with the deadlines set, to ensure compliance with Standard Operating Procedures (“SOPs”).
- Ensure adequate and proper control and management of all assets in your care, including but not limited to vehicles, electronic devices such as tablets, mobile phones, laptops, desktop, printers, copiers etc., furniture, fixtures and fittings, kitchen appliances, safety deposit boxes and/or safes, stationery, cash, vouchers etc. and ensure that proper records of all are maintained and that all are properly cared for and serviced/maintained in accordance with the manufacturers specifications.
- Ensure that the Select Group values, as defined from time to time, are shared with all staff, and actively propagated through induction sessions for all new staff and regular communication sessions with all existing staff, as well as actively practicing same and setting the example.

Qualification Requirement

A Degree in Business Studies, Business Management or Business Administration is essential.

Experience / Background Preference

- The company will only look at candidates who have no less than 3 years' relevant experience in a financial services institution in Lesotho.
- Previous Microfinance experience will be highly advantageous.
- Previous managerial experience is essential.
- Must be able to work flexible hours.
- Must be highly computer literate.
- Must be in possession of a valid, clean drivers licence.

Personnel Competencies

- A self-starter who is performance driven and is able to handle the responsibilities associated with the position, with honesty and integrity.
- A team player who is approachable and receptive to ideas/feedback from others.
- Ability to communicate clearly both verbally and in writing.
- A logical thinker who has a clear, focused and methodical approach to work.
- Results orientated - strongly motivated to achieve results, adhere to deadlines.
- Assertive - able to handle conflict, stand by principles and put forward ideas despite opposition.
- Tough-minded, rarely upset by criticism and able to retain optimism despite setbacks.
- Must have strong customer service skills.

Location

The position is based in Maseru .

Please forward applications to Vincent Khitsane: vkhitsane@lesana.co.ls
Closing date for applications is Friday 28th August 2020.

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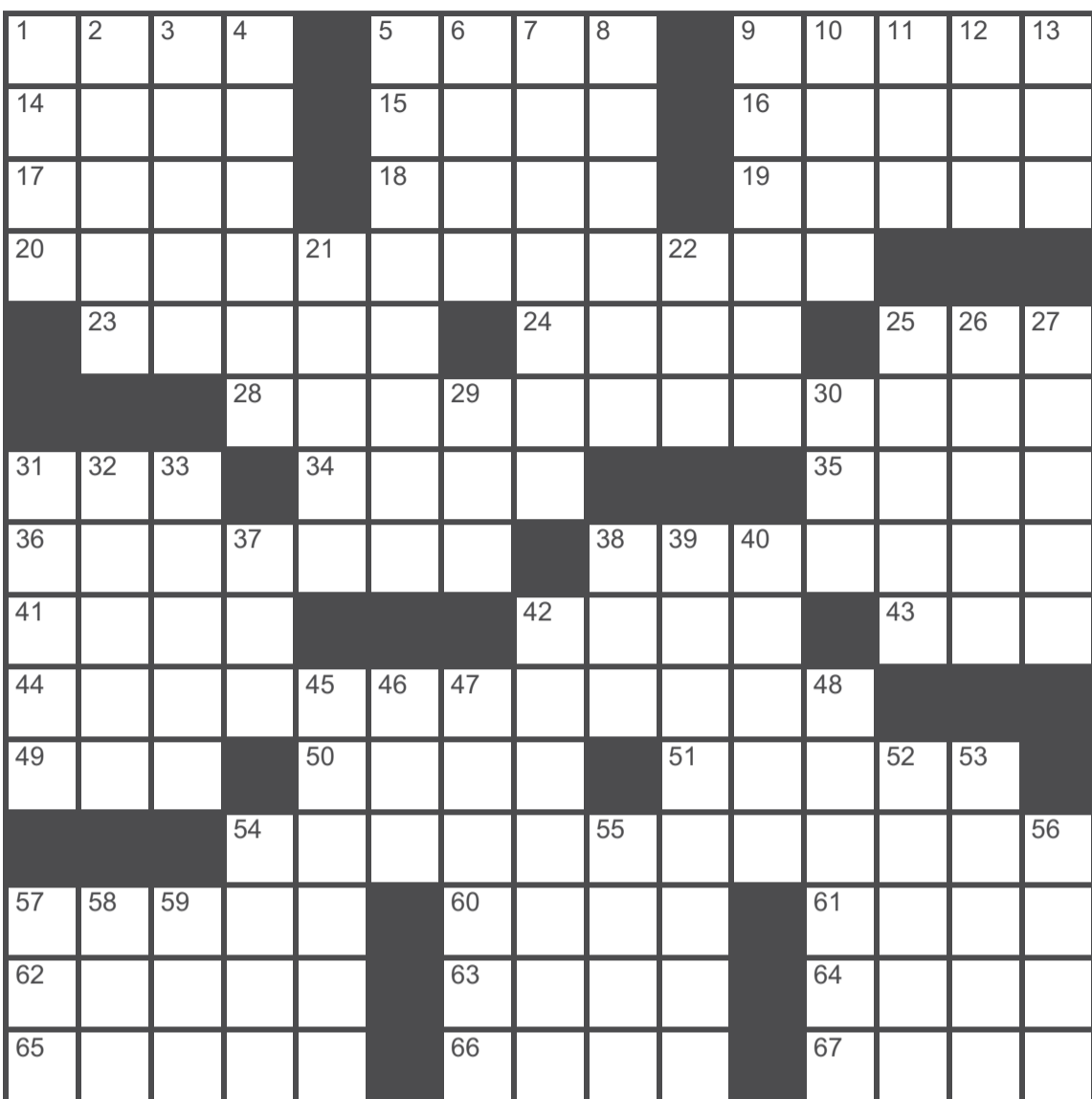
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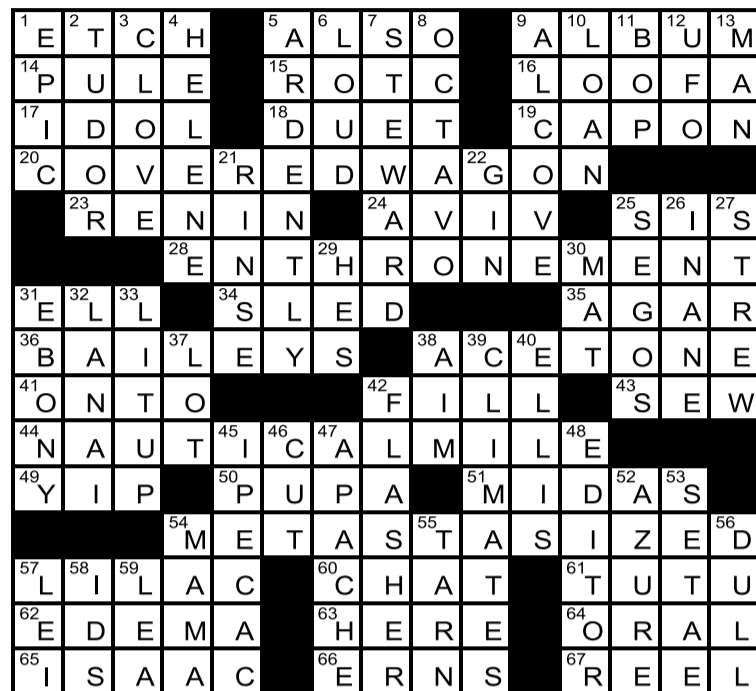
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General Crosswords



Last Week's Solution



13. Like some scientists
21. Odd-numbered page
22. Intense anger
25. Rhodes of Rhodesia
26. Showy flower
27. Arm bones
29. " De-Lovely"
30. That guy
31. Brunch serving
32. Horror actor Karloff
33. Mooring spots
37. Attorney F. Bailey
38. Break a Commandment
39. Halloween visitors trick-
- or
40. Blood line
42. Old time illumination
45. Stoop
46. Authorize
47. Shakes
48. Vile
52. Tropical vine
53. Gangly
54. Perfectly
55. Hip bones
56. Those opposed
57. Took the bait
58. A pint, maybe
59. Yang's counterpart

- ACROSS**
1. Surround
5. Taj Mahal city
9. Render defenseless
14. It comes to mind
15. Rejections
16. Nairobi's land
17. Sheep's cry
18. Diplomacy
19. Performed
20. National threat
23. throat
24. Kind of package
25. PC "brain"
28. Weak spot
31.31. It keeps an eye on TV
34. Bag
35. Representation
36. Deodorant dispensers
38. Marathoner's need
41. New York's Canal
42. Copter's forerunner
43. Heavy-duty cleanser
44. Twisty stems
49. Hook shape
50. Guns
51. Wake Island, e.g.
54. Absolute government authority
57. Swampy lake
60. Chip's cartoon chum
61. Comedian Carvey
62. Kind of artery
63. Arab ruler
64. Jet black
65. Final Commandment
66. Pampering places
67. Quite a while

- DOWN**
1. Tomcats
2. Runs without moving
3. Flinch, say
4. Thorn apple
5. Sung response
6. Bearded animal
7. Use over
8. Stellar
9. Decrees
10. Adam's apple spot
11. Colony member
12. "The Catcher in the

So You Think You are Genius

Question (Answer next week)

What is represented here:

S S
R T
I A
A I
T R
S S

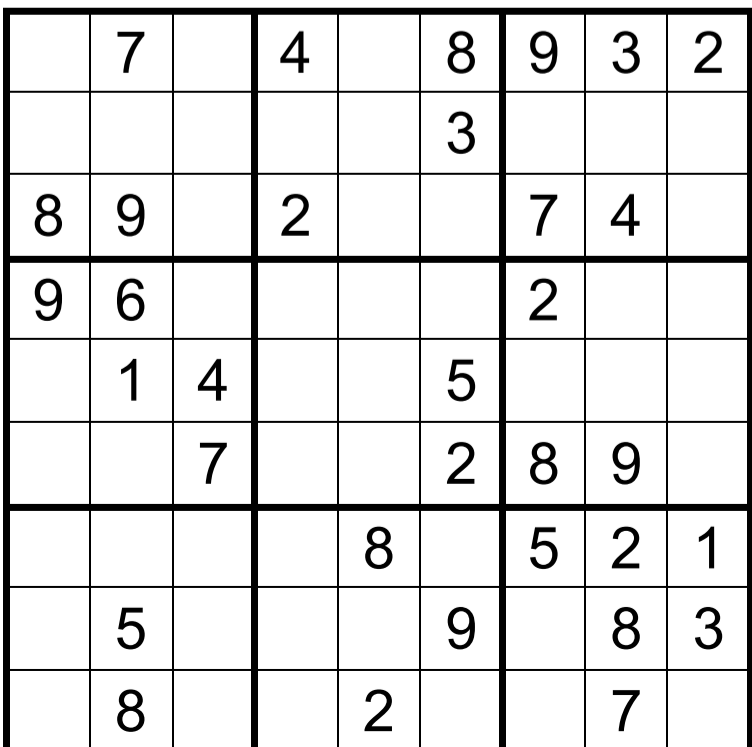


Last Week's Answer



Hours in a month: there are just under 547 fathoms in a kilometre and at least 672 hours in a month.

Sudoku Puzzle



Fill in all the squares in the grid so that each row, each column and each 3x3 square contain all the from 1-9

This is the Quick Sudoku for the solver in a hurr: target time, ten minutes.

Last Week's Solution

8	7	4	1	3	9	5	2	6
1	5	9	6	7	2	8	3	4
3	6	2	8	5	4	7	9	1
2	3	1	9	4	8	6	7	5
5	8	6	3	1	7	2	4	9
9	4	7	5	2	6	1	8	3
7	2	5	4	6	3	9	1	8
4	1	8	2	9	5	3	6	7
6	9	3	7	8	1	4	5	2



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Be Car-Smart

Protect your Headlights

Keep an eye on your headlights as they are your best friends while driving at night. It can be an extremely dangerous and risky idea if you drive without your headlights on at night. Replace or repair them before driving at night. It can save your life and prevent accidents.

Tip: Keep track of turning off your lights at night. Sometimes I have forgotten to turn of the dome light in my truck and has drained my battery quite a bit. It is

especially draining if you forget the lights or parking lights.

When you think about protecting your car from oxidation, you're probably mostly concerned with preventing the metal from rusting. The truth is, though, plastic can oxidize, too, and while this damage tends to be less significant long-term, it can still impact the look and performance of your vehicle. Even if you've guarded your car against rust, you might not

know how to keep headlights from oxidizing.

The plastic used for headlights is built for strength but is susceptible to damage from the elements. Most headlights are covered with a protective film to stop this, but that film wears away over time, leaving your headlights exposed. Once they're damaged, the brightness and colour of the beam will suffer.

There are products out there for restoring headlights, but it's even better if you can stop them from taking damage in the first place. Check out the tips below to learn how you can keep your headlights clear and bright in the long term.

Headlight oxidation is caused

by exposure to the elements. Sunlight is the biggest culprit. Over time, UV radiation from the sunlight causes tiny cracks to appear in the plastic of the headlamp, which blocks some of the light from the bulb, dimming the beam.

Moisture can also be your headlights' enemy. Headlight covers aren't completely airtight. There are small vents, usually along the top and bottom. If these weren't there, the air heated trapped between the cover and the bulb would have nowhere to go and the pressure difference could crack the covers. Because they're not completely sealed, though, moisture from the air can be trapped inside the headlight,



affecting how the light shines through it.

New Jaguar F-TYPE ready to seduce SA



The new Jaguar F-TYPE has arrived in South Africa with an even more dramatic design, improved dynamics and increased focus on driver engagement.

Available in both Coupé and Convertible form, the two-seat sports car has evolved from its World Car Design-winning predecessor's form with new super-slim pixel LED headlights featuring subtly revised 'Calligraphy' J signature daytime running lights. At the rear, slender tail lights inherit 'Chicane' LED signatures similar to the all-electric Jaguar I-PACE.

The surfaces of its new clamshell bonnet flow down to a grille that retains the proportions of the original's but is slightly wider and deeper with a new hexagonal mesh pattern. Fender vents now feature the Jaguar Leaper motif and updated bumpers at the front and back have been updated to offer greater differentiation across the model range, from F-TYPE R-Dynamic to the range-topping F-TYPE R.

Like the exterior, the F-TYPE's driver-focussed 1+1 interior has been refined with discreet details and a heightened sense of luxury and sportiness. Along with deployable centre air vents, the start button's pulsing red 'heartbeat' conveys a sense of theatre for the driver, while 'Jaguar Est.1935' markings on the centre console finisher, glovebox release button surround and seatbelt guides offer subtle reminders of Jaguar's rich heritage.

The cockpit now features a 12.3-inch HD TFT instrument cluster with reconfigurable graphics unique to the F-TYPE. Drivers have a choice of display

themes, including a full-screen navigation map, but in true sports car fashion the default mode is set to a large central rev-counter.

Rich materials such as Windsor leather, Engine Spin metallics and satin-finish Noble Chrome add touches of luxury, and are complemented by beautifully-crafted monogram stitch patterns - repeated in the door trims - and Jaguar Leaper or R motifs embossed in the headrests.

Lightweight slimline seats with optional heating and cooling functions come in two forms: Sport and Performance. The F-TYPE R-Dynamic model comes with the purest Sports version as standard, while the R and First Edition models get a Performance seat with more pronounced support at shoulder height.

Standard equipment in the R-Dynamic package includes Premium LED headlights, 19" alloy wheels, 6-way electric seat adjustments, keyless entry, Android Auto and Apple CarPlay, a 12.3-inch interactive instrument cluster and six airbags and a fixed panoramic roof among others. The range-topping F-TYPE R adds Pixel LED headlights, 12-way memory electric seats, Ebony Windsor leather, upsized 20" alloys and an R body kit.

Three engine options are available to South African customers starting with a 221kW/400Nm Ingenium 2.0-litre 4-cylinder P300. This model dashes from 0-100km/h in 5.7 seconds and on to a top speed of 250km/h, with an average combined fuel consumption of 7.2l/100km.

An ever-popular supercharged 3.0-litre V6 P380 with 280kW and 460Nm

delivers 0-100km/h in just 4.9 seconds and maximum speed of 275km/h. The V6 is offered with a choice of rear- and all-wheel drive, and benefits from a mechanical limited-slip differential.

Available throughout the first year of production is a special First Edition version of the P380 all-wheel drive exclusively. The First Edition adds 20" Diamond Turned alloys, 'First Edition' scripting on the door tread plates and aluminium instrument panel finisher and Windsor leather Performance seats in a choice of Ebony with Light Oyster stitching or Mars Red with Flame stitching. The First Edition is available in three colours - Fuji White, Santorini Black or Eiger Grey.

Setting a benchmark for a driver-focused sports car with a 5.0-litre supercharged V8 at its heart, is the new F-TYPE R P575. The R makes more than generous outputs of 423kW and 700Nm and can blitz the 0-100km/h test in 3.7 seconds with a max speed of 300km/h.

All three engines feature active exhaust systems, which are switchable either as an option or as standard. Customers who choose the 423kW supercharged V8 benefit from the new Quiet Start function, which ensures a more subtle, refined sound - the electrically-actuated bypass valves in the rear silencer remain closed until they automatically open up under load. If desired, Quiet Start can be overridden by selecting Dynamic Mode or by pressing the switchable exhaust button before starting the engine.

The distinctive crackle and pop on the overrun synonymous with F-TYPE, remains, the sounds meticulously tuned to suit the range of powerful four-, six-, and eight-cylinder engines.

Coupé prices:
 F-TYPE R-Dynamic P300 RWD R1,243,000
 F-TYPE R-Dynamic P380 RWD R1,513,700
 F-TYPE R-Dynamic P380 AWD R1,659,300
 F-TYPE First Edition R1,659,300
 F-TYPE R P575 AWD R2,422,700

Convertible prices:
 F-TYPE R-Dynamic P300 RWD R1,241,000
 F-TYPE R-Dynamic P380 RWD R1,511,800
 F-TYPE R-Dynamic P380 AWD R1,652,800
 F-TYPE First Edition R1,652,800
 F-TYPE R P575 AWD R2,421,000

Oettinger Polo Cup back on track

South Africa's motorsport fraternity, including everyone involved in the Oettinger Polo Cup safely returned to action for Round 2 of the National Extreme Festival at the Zwartkops Raceway to the west of Pretoria. The stands may have been empty as a result of motorsport's Covid-19 compliance, but the action on track was as good as ever.

Twenty of the country's youngest driving talents were more than eager to get back behind the wheel of their Volkswagen Polo GTI's after a break from the action that lasted five full months. It soon became clear that they had lost none of their skills as a number of drivers were immediately on the pace following last Friday's three practice sessions.

"We as Volkswagen were delighted to have the opportunity to resume racing," commented Mike Rowe, head of Volkswagen Motorsport. "We respected all the protocols and regulations and took all the necessary steps to ensure that everyone in the Oettinger Polo Cup could race safely and responsibly. Having said that, it was good to see the masks come off while the helmets went on."

The Oettinger Polo Cup is renowned for always providing a great racing spectacle and as expected, the series once again lived up to expectations. Saturday morning's qualifying session was an indication of what was to come as the majority of the field were covered by only fractions of a second. After the 20 minute session, the six fastest drivers lined up for the all-important superpole session in which each driver gets one flying lap to determine the starting order.

Kyalami karter Kwanda Mokoena did well to reach the superpole in only his second outing in the Polo, but the youngster had to be content with sixth position. He was pipped by another young karter in the form of Leyton Fourie who qualified fifth fastest in his debut event.

Oates twin Darren was around one tenth of a second faster and claimed fourth on the grid, while it took only two hundredths of a second to separate Capetonians Dario Busi and Jurie Swart in third and second respectively. This left the door open for the second Oates brother Justin to claim his first ever pole position.

Qualifying is extremely important as the Polos competing in the Oettinger Polo Cup are so evenly matched. When the lights turned green, Justin Oates made the best of his pole position as he emerged from the normal first-lap carnage with a slight lead in hand.

The battle behind him got really heated with Dario Busi, winner of Round 1 earlier this year muscling his way past fellow Capetonian Jurie Swart to take over the second position.

Both Busi and Swart were putting big pressure on Oates at the front, but the twin brother resisted and held onto his lead until crossing the finish line a full second ahead of Busi with Swart in hot pursuit. Chris Shorter was fourth over the line followed by Darren Oates and youngster Leyton Fourie who impressed in his debut race.

The Oettinger Polo Cup was however not the only series to provide a spectacle. The day also saw the debut of the all-new SupaCup series in which a number of very fast drivers took on each other in identical new Polos built by Volkswagen Motorsport. The drivers in the new series include the likes of former Polo Cup champions Jeffrey Kruger and Bradley Liebenberg, as well as Volkswagen Motorsport's Jonathan Mogotsi. The battles in both races were fierce to say the least with Kruger and Liebenberg sharing the two victories with Mogotsi finishing hot on their heels in third.

The next planned race will hopefully take place on September 25 at the Red Star Raceway near Delmas.



News in Sports



■ Lifofane Football Club has added in their squad Mohlomyane Qhobela who was playing in ABC Motsepe League in South Africa. The Botha-Bothe outfit is looking to increase potency in its squad after releasing some valuable players such as John Mofokeng who was their captain and Ghanaian striker Joseph Boateng. The club also announced that it has agreed with Lioli FC and Linare FC to transfer Velaphi Monaheng and John Mofokeng once all the conditions of the agreement are met as there are still outstanding payments to be made for both players. The club mentioned that these players will be given clearance once the procedures have been completed. Meanwhile, Lifofane management also amicably agreed with Joseph Boateng to be released. The club applauded Boateng for his services to the club with the specific focus put on solitary goal against Linare that contributed to Lifofane winning the Matekane Group of Companies (MGC) Top 4 trophy.

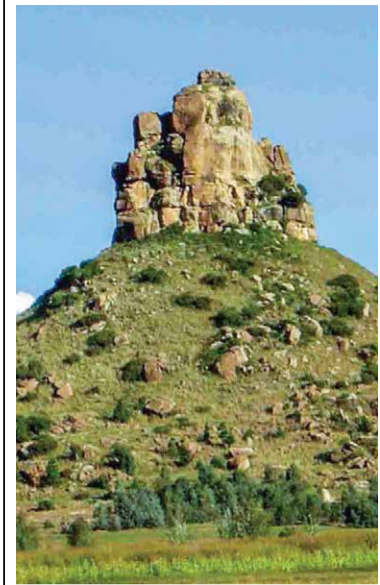
■ Lesotho Football Association in collaboration with FIFA will hold a four-day online course for match assessors from August 26 to 29. Meanwhile, one of the country's top referees Retšelisitsoe Molise, who is in the FIFA panel, will undergo the CAF Young Talent Referees VAR course scheduled for August 22 to 26.

■ As the international competition gradually opens, Lesotho's top cyclist Tumelo Makæ on Tuesday competed in the Swiss Epic alongside Cherie Redecker from South Africa currently based in Germany. The duo won the second stage of the Swiss Epic on Wednesday and have three more stages to go. Makæ is currently based in Germany at the High Performance Centre under the Olympics Scholarship.

■ Lioli FC publicist Motlatsi Mofokeng has allayed speculations that the club executive committee is set to host an Annual General Meeting (AGM) on August 30. He said the executive committee has not yet received a permit to hold such a meeting. Lioli FC have wanted to hold its AGM but were unable to do so due to the COVID-19 gatherings regulations set by the Government.

■ Former Lioli and PLMC president Lebohlang Thotanyana had earlier shown interest in contesting for the club presidency again during the upcoming elective AGM. Lioli FC are currently under the leadership of the interim president Hlajoane Lesaoana who is expected to lead the club to elections.

National Weather



MASERU		
FRIDAY	SATURDAY	
	21°C / -2°C	
20°C / 1°C	SUNDAY	
	11°C / -7°C	
MAFETENG		
FRIDAY	SATURDAY	
	14°C / -2°C	
14°C / 6°C	SUNDAY	
	3°C / -5°C	
MOHALE'S HOEK		
FRIDAY	SATURDAY	
	14°C / -2°C	
14°C / 6°C	SUNDAY	
	3°C / -3°C	
QUTHING		
FRIDAY	SATURDAY	
	20°C / 2°C	
20°C / 2°C	SUNDAY	
	9°C / -8°C	
QACHA'S NEK		
FRIDAY	SATURDAY	
	23°C / 1°C	
23°C / 9°C	SUNDAY	
	14°C / -6°C	
THABA TSEKA		
FRIDAY	SATURDAY	
	11°C / -2°C	
13°C / 1°C	SUNDAY	
	4°C / -6°C	
MOKHOTLONG		
FRIDAY	SATURDAY	
	16°C / -1°C	
18°C / -2°C	SUNDAY	
	11°C / -7°C	
BUTHA BUTHE		
FRIDAY	SATURDAY	
	16°C / 1°C	
15°C / 3°C	SUNDAY	
	7°C / -3°C	
LERIBE		
FRIDAY	SATURDAY	
	22°C / -3°C	
21°C / -1°C	SUNDAY	
	13°C / -6°C	
BEREA		
FRIDAY	SATURDAY	
	16°C / -4°C	
15°C / 1°C	SUNDAY	
	7°C / -5°C	

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Kalake, Khooa sign new Bantu deals

MASERU - Bantu star duo of Hlompho "Stiga" Kalake and Tsietsi Khooa have finally ended speculation on their future by both signing new two-year deals to remain in the books of the 2019/2020 Econet Premier League Champions.

Kalake has been hogging the headlines over the last two months with reports suggesting that the midfielder was making huge demands to remain with A Matšo Matebele.

His reluctance to sign a new contract at Bantu had also attracted attention from other Premier League big guns, but they also failed to meet his demands and in the end he returned to the negotiations table with the Mafeteng outfit.

Khooa, who is a South African, was said to be eyeing a return to his home country having established himself as one of the top defenders in the Econet Premier League.

However, Bantu coach Bob Mafoso has confirmed that both players have now penned new deals after long negotiations with the management of the club.

"We had about seven players that had come to the end of their contracts and we are very happy that all of them have signed new deals," Mafoso said.

He added "It shows that at the end of the day they are still happy to remain as part of the Bantu squad going forward."

Mafoso stated that retaining the services of all their star players will make life very easy for him and the club to plan for the new season that will include playing in the CAF Champions League.

The Lesotho Football Association (LeFA) recently declared Bantu as the 2019/2020 Econet Premier League Champions after the campaign was prematurely ended by the Corona Virus with eight matches still to go.



Bantu's Hlompho Kalake (in yellow outfit) signs new deal with the club

By the time the 2019/20 season was halted in March, Bantu were enjoying an 18 points advantage over second-placed Matlama.

"Our goal was always to retain all our top players and work on reinforcing the squad and help the new players settle into our system," Bantu coach added.

"I'm happy that as a club we will not have to start from scratch with a lot of new players, but we have kept the core of the team and all we have to do is to reinforce it with a few new faces that will help us be competitive."

Mafoso admitted that he is aware

“

We had about seven players that had come to the end of their contracts and we are very happy that all of them have signed new deals

a lot will be expected from him going into the new season having retained the services of all his star players.

"If you look at the record of the club you will see that Bantu have been among the top four teams for four years in a row, winning the championship three times in that period and also finishing as runners up once.

"This shows that Bantu are a team of big standards and the demands are always high. We have to maintain and help the team reach a level or stage that they have never been to before as far as competing in the CAF Champions League is concerned.

"I'm confident that if we do well in the Champions league, those standards will help us to remain a competitive force in the country and continue fighting for silverware," he said.

Seutloali deprived welfare grant

...but could benefit from Tokyo Olympics Scholarship

TEBOHO JAFETA
sports@maserumetro.com

MASERU – Top Lesotho marathoner and Olympic hopeful for Tokyo 2021, Khoarahlane Seutloali, has failed in his bid to secure welfare funding from the world athletics support bodies because his ranking is above the minimum standards that were set.

World Athletics (WA) and the International Athletics Foundation (IAF) in June announced that 193 athletes from 58 member federations would be offered one-time grants worth US\$3 000 through an Athlete Welfare Fund announced in April to help support professional athletes experiencing financial hardship due to the coronavirus pandemic.

When the fund was first announced on April 28, it was worth US\$500 000 but through athletes' increasing demands it has now been increased to US\$600 000.

The IAF received 261 eligible applications by the May 31 deadline. These applications were evaluated by the IAF to ensure that they met the eligibility criteria, under the guidance of an expert working group, chaired by the World Athletics President Sebastian Coe.

To be eligible, athletes had to be qualified for selection for the Tokyo 2020 Olympic Games by entry standard, had to be able to demonstrate a justifiable welfare need through significant loss of income in 2020 compared to 2019, and must never have had an anti-doping violation.

Athletes ranked in the top six on the World Rankings, those who finished in the top six in any Gold Label Road race in 2019, and those who earned more than US\$6000 in prize money from the 2019 Diamond League were not eligible to apply, but Seutloali who finished fifth in Cape Town marathon in 2019 applied and was disapproved.

Members of the working group included Olympic champion and 1500-metre world record-holder Hicham El Guerrouj, Olympic pole vault champion Katerina Stefanidi representing the WA Athletes' Commission, and the WA Executive Board member Sunil Sabharwal from the Audit, Risk & Finance Committee.

In an interview with Metro, Federation of Athletics Lesotho (FAL) publicist Sejanamane Maphathe said the IAF working group disapproved Seutloali's application citing that he finished in

top six in the Cape Town Gold Label Road race last year.

He further said the working group overlooked the fact that even though Seutloali finished in top six, he received a far lower prize money compared to other Gold Label Road races winners internationally.

Maphathe however said Seutloali will benefit from the Tokyo Olympics scholarship which the International Olympic Committee (IOC) through the Lesotho National Olympic Committee (LNOC) has opened for applications from athletes. He said the scholarship is meant for athletes who have already qualified for the Tokyo Olympics adding that Seutloali is the only athlete from Lesotho who has so far qualified. He showed that the application closes on August 21 with the scholarship set to commence in September until August 2021. "Seutloali applied for this scholarship on Tuesday and the funding covers training, food, attire and medical aid to support the athletes in their preparation for Tokyo Olympics next year," he said.

For his part, Seutloali confirmed that he had indeed applied for the scholarship, adding he is confident he will get a green light as he qualified.



SIDELINED: Top marathoner Khoarahlane Seutloali

A prodigious footballer and sprinter, Maseela

TEBOHO JAFETA
sports@maserumetro.com

While most athletes tend to fail to create a balance between their varied talents and would rather focus on one discipline as they develop and grow, Motlatsi Maseela is one of the few who managed to nurture his diverse skills until he represented Lesotho in both football and athletics at well recognised international competitions.

Born in 1971, the talented athlete was bred in Maqhaka, Ha Majara in the Berea district. Maseela who is the third child of the late Enea Motlatsi (senior) and 'Mamotlatsi Maseela started playing football and running at the age of 10 as a learner at Leshoboro primary where he completed his primary education in 1984.

He thereafter proceeded to Cenez Secondary where he completed his Junior Certificate in 1987. He was both a strong sprinter and a fine footballer – he went on to represent Cenez in the Lesotho Institutions of Sport Association (LISA) competitions.

In 1987, he went to Berea High School and finished his Cambridge Overseas School Certificate (COSC) the following year.

He still made a name for himself in athletics and as gifted football player at Berea even though the school itself was not a powerhouse in sports.

While at high school, the versatile

Maseela also played for his home team Maroala FC – the club played in the B Division. He remained with the team for the entire 1988 season before he joined the now defunct premier league giants Arsenal FC in 1989 under the tutelage of the formidable late Styles Phumo.

Because he was a tyro in the star studded side, Maseela spent four months on the bench but Phumo kept a watchful eye on him because he had seen raw talent in the youngster.

His chance came when teammate Tumisang Posholi who played in the left back position sustained a knee injury in a league game.

Maseela did not waste that opportunity and from that day onwards, he earned a permanent place in Gunners' line-up – he assisted the team to win the league in the 1989 season.

His debut call up to the national squad was in 1990 with the national under-20 side Makoanyane XI and was shortly thereafter honoured with the squad's arm band.

As captain, he led the team to 1990 COSAFA Under-20 cup hosted by Lesotho and they lost to Zimbabwe in the final.

His first international match at club level was in 1990 against Denva Sundowns of Swaziland in the Confederation of African Football (CAF) champions' league.

The same year, he was made Arsenal's captain and served for four consecutive seasons on that capacity.

He enrolled at the Lerotholi



Polytechnic (Fokothi) in 1992 and graduated in 1994 with a Certificate in Bricklaying and Plastering, just before his reign as Arsenal's skipper ended.

After graduation, Maseela joined the institution as a volunteer instructor until he was eventually hired as a permanent staffer.

He represented Lesotho at the 1994 Commonwealth Games held in Canada competing in track and field events in 200 and 400 metre races.

His favourite player who stole his heart with incredible footballing skills was Zambia's Happy Sichokolo who was a right back during the 1990 COSAFA under-20 cup.

"I am right-footed but through dexterity, I played left back and we kept challenging each other on counterattacks. He played the most impressive football and we ended up as good friends," he recalls.

The following year he was called to the senior national team Likuena

and he captained the side until 1998.

His coaching career started a long time ago as he first attended a coaching course while he was still with the Gunners in 1996 and acquired a Coaching Intermediate Certificate.

He shortly thereafter began coaching Arsenal as assistant to head coach Phumo.

In 1996, he represented Lesotho at the Atlanta Olympics held in Georgia in the United States of America.

In Atlanta, Maseela competed against the then world fastest man Frankie Fredericks of Namibia.

He was appointed FIFA Ambassador for SOS Corporation in Lesotho in 1998 and attended a Futuro II coaching course the same year.

He started working as a player cum head coach for Arsenal when Phumo relocated to South Africa to coach Bloemfontein Celtics.

Maseela also attended a high level coaching course in 2000 and then enrolled for an advanced division football coaching course in 2001.

He was also part of Lerotholi Polytechnic FC (Lihale) from 2000 to 2001.

He joined Lioli FC in 2002 as assistant coach cum player until 2004.

He deputised Khethang Khohlooa under the leadership of club chairman Reggie Tekateka.

During his two-year spell with Tse-Nala, Maseela assisted the then struggling side to reach the Top 4 in 20 years.

Under his guidance, Lioli players who were in those days notorious for assaulting referees changed their ways and started behaving professionally.

In one of his best international games, goals by Maseela and fellow teammate Teele Ntšonyane helped Lesotho beat Angola 2-1 in the 2000 COSAFA Cup before Likuena went down at the hands of the Warriors of Zimbabwe in the final.

In 2007, he obtained the International DBF Coaching certificate in Germany where he was attended the training with several Nigerian coaches and South Africa's Pitso Mosimane.

Maseela also holds a Confederation of African Football (CAF) B Licence coaching certificate.

Although he started playing football as a midfielder, Maseela was placed at the defense by most of his coaches due to his strength and ability to read the game well.

During his playing days, Maseela won 84 caps and scored one goal for Likuena before he hung up his soccer boots in 2008.

He is married to 'Mannerea Maseela and the couple has four children, two boys and two girls. Maseela still works at Fokothi as a trade instructor.



CLASS OF 2000: Going down memory lane (Motlatsi Maseela circled)



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