

FREE Metro

News you can use



I want to go global-Tshitso

Tel.: 266 2232 5494 | editor@maserumetro.com | sales@maserumetro.com

EVERY THURSDAY

July 2 - 8, 2020

Pg 14



SUPPLIERS' PAYMENTS COULD BE DELAYED

>> Pg 2

WiseWORDS: Develop success from failures. Discouragement and failure are two of the surest stepping stones to success. ~Dale Carnegie

The Metro, Florida Industrial Park, Ha Hoohlo, Maseru. P.O.Box 14129, Maseru 100, Lesotho.



On This Day in History

1934



Adolf Hitler conducts a purge of traitors in the Nazi party. Hundreds of people were executed after undergoing a 3 minute trial to face the charges of being traitors. Hitler seemingly secured his power in the nation by forcing the power from the conservatives. Vice Chancellor von Papen, a conservative and critic of Nazi policies, was set to resign the next day.

Directory

1. Child Helpline: 80022345
2. Crime Hotline: 22313337
3. WASCO: 22262000
4. LEC: 52100000
5. Police Station: 22317262
6. Airport: 22350777
7. MRT0: 2232 5494
8. Ombudsman: 22316425
9. Metro News Tips: 2232 5494
10. Border Control: 22325740

Essentials

1. Trader's License: M1000+/-
2. Company Certificate: Free
3. Travel Passport: M130 - M400
4. National ID: Free
5. Driver's License: M200
6. Car Registration Certificate: M135 - M265
7. Number plate: M60 - M400
8. Special permit: M60 - M400
9. Fitness: M120 - M400

Technology



New Apple Watch detect when you're washing hands

Apple Watch users will soon be able to rely on their smartwatch to tell them they're washing their hands for long enough to properly prevent spreading the coronavirus.

Apple has announced that the newest update to the Apple Watch, WatchOS 7, would be able to detect when the person wearing the smartwatch is washing their hands. The watch will then set a countdown timer for 20 seconds, the amount of time recommended for washing hands to ensure you're not spreading germs. It will then vibrate to signal to the wearer the 20 seconds are complete.

Apple revealed new software updates for its smartwatch, iPhone, iPad and Mac computers at the company's annual Worldwide Developers Conference. The event is virtual for the first time due to the coronavirus outbreak, and Apple released some pandemic-related features among its announcements. Apple also revealed that its new iPhone software, iOS 14, will allow users to add face masks to their customisable Memojis.

Besides the hand-washing feature, Watch OS 7 will bring to the Apple Watch a much-anticipated sleep tracking tool, something with which competing fitness trackers like Fitbit have long been equipped. Apple also revealed that its smartwatch will be able to track dancing as a workout, and let users create and access third-party watch faces. Apple has yet to set a launch date for WatchOS 7 and its other new software, but it typically releases the updates sometime in the southern hemisphere spring alongside new iPhones and other hardware. *Business Insider*

Suppliers' payments could be delayed by false claims

NEO SENOKO

business@maserumetro.com

MASERU - The Ministry of Finance has started processing delayed payments to hundreds of suppliers, but there is a worrying factor where others are trying to manipulate the system and claim payments they are not entitled to, officials have revealed.

Such behavior is further delaying the payment process as the ministry is now forced to undertake a reconciliation process to ensure that no one is paid more than once or unduly.

"We have started paying suppliers. There are so many invoices that have not yet been paid, so we are paying them gradually to allow other government activities to also keep going," said the Principal Secretary in the Ministry of Finance Motena Tšolo told Metro on Monday.

Local suppliers in different sectors have been complaining of non-payment for a very long time while government did not have enough in the coffers to settle these payments.

In October last year the former Minister of Finance and current Prime Minister, Dr Moeketsi Majoro said government owed suppliers an estimated amount of M350 million, adding they might have to borrow elsewhere to be in a position to pay or wait for a better financial position.

At the time Majoro said government needed an estimated M700 million to pay its suppliers, even those that did not appear on their database and not accounted for.

The ministry, however, stated on Monday that some of these arrears dates back to 2014 but others have since been paid.

Tšolo raised concern about some suppliers who try to take advantage of the system and make false claims. "There are people who are



The Principal Secretary in the Ministry of Finance Motena Tšolo

causing us a lot of confusion in that they want to claim payments while they have already been paid a long time ago. That is causing us a lot of confusion because now we are forced to reconcile and make sure that nobody is paid more than once," Tšolo also said.

This type of suppliers gets exposed when their documents get to the Central Bank of Lesotho (CBL) showing that they have already been paid.

The delay in payment has hit hard on a number of suppliers in that most of them are in deep debt and struggle to pay back loans they acquired to render services to government.

Most of them have also lost credibility in the market and could not retain some of the productive employees due to lack of finances. It remains to be seen if they will ever recover.

One of such suppliers who spoke to Metro on condition of anonymity for fear of reprisal took a shot at

government, saying its conduct destroys their businesses.

The director of the company said around March, they made repairs on printers belonging to one of the ministries.

"The accounts department in that ministry claims to have processed our payment a long time ago but the funds have still not reflected in our bank account. People who are responsible suggest that the problem should be with either the Central Bank of Lesotho (CBL) or the Treasury Department.

"This has caused a huge inconvenience on our part because as business people who live from hand to mouth, without those funds, we are unable to finance other projects that we already have," the man also said.

The government has been hanging on a fiscal cliff for a long time now, with the continuous decline in Southern African Customs Union (SACU) revenues and high wage bill posing even more threat.

Mr Price pulls plug on Nigeria

NOOBILE DLUDLA

Mr Price Group has become the latest South African retailer to retreat from African markets due to weak economic growth, difficulties with repatriating funds and local procurement.

Mark Blair, chief executive of the clothing and homeware retailer, told analysts at the group's full-year results presentation on Thursday that it was exiting Nigeria after walking away from Australia and Poland last year.

Mr Price, which reported a 10.4% fall in annual earnings, has closed four of its five stores in the West African country and expects to close the last one in the coming

months, Blair said.

"Quite frankly I'm not prepared to invest any further whether it's investment in time or in money into a country that is volatile as it is," he said.

"In the early days we were making money but now we just came up against too many roadblocks, whether it's getting the money out, etc," he said.

The firm is also reviewing franchise operations.

In recent years Mr Price has taken a cautious approach to international expansion across and outside Africa as organic growth has proven challenging and "distracting".

The company's decision to

exit Nigeria follows a decision by homeware and clothing retailer TFG last week to leave Kenya and Ghana.

Mr Price, which also sells sportswear, saw revenue in the year to March 28 rise 2.1% to R23 billion (\$1.32 billion), with retail sales up by 1.5%, boosted by clothing and home divisions.

It did not declare a dividend in order to preserve cash.

The company has identified R300 million worth of cost saving initiatives, which are largely related to employment costs and also include a 23% reduction in budgeted capital expenditure for the 2021 financial year, group CFO Mark Stirton said at the presentation.

Reuters



682,990

According to the Internet Users Statistics for Africa survey of December 31, 2019, there are 682,990 internet users in Lesotho while there are 445,600 Facebook subscribers. The country is said to have low internet penetration despite 90% 3G and 4G coverage.

Among 15 SADC countries, prices in Lesotho are average. The country performs better than Botswana and Swaziland in terms of the cheapest IGB data index. However, when compared with the best performing countries, the cost of the cheapest IGB data in Lesotho is enough to buy 4 GB of data in Tanzania and Madagascar.



B2B/B2C

Is the purpose of your business to supply goods or services to other business? If so, you operate a B2B, or business-to-business, venture - also called B-to-B, is a form of transaction between businesses, such as one involving a manufacturer and wholesaler, or a wholesaler and a retailer. On the flip side of B2B businesses are B2C businesses. These businesses supply goods or services directly to an end user or consumer.



The woman and the he-goat

A preacher notices a woman in the congregation who begins to weep as soon as he begins to preach. Thinking he has made a big catch he preaches with even greater fervour. The more he preaches, the more the woman cries.

Finally, the preaching over, it is time to give testimonies. The preacher points to the woman and says, "Sister, I can see you were mightily moved as we proclaimed the word of God. Now can you please share with us what it was that convicted your spirit so much?"

The woman hesitates, but the pastor insists so she comes up and takes the microphone. "You see," she begins, "Last year I lost my he-goat, the most precious thing I possessed. I prayed and cried much over it and then I forgot all about it. But as soon as you came out to preach and I saw your beard, it reminded me all over again of the he-goat. I still cry whenever I remember it." She did not remember one word of what the preacher said.

READ Online

www.maserumetro.com

- . Held teachers' salaries to be released
- . PLMC declares elite league complete
- . Maluti Rotary new president speaks



CONTACT US

GIVE US NEWS

If you have any News Tip you would like to share with us, send an email with your contact details and phone number to: editor@maserumetro.com.

Florida Industrial Park, 5 minutes drive from Maseru border.

Ha Hoohlo, P.O. Box 14129, Maseru 100
Tel: 266 22 325494
E-mail: circulation@maserumetro.com

Website:

www.maserumetro.com
ADVERTISING SALES
E-mail: sales@maserumetro.com

Editorial Team

News Editor: - Mr Kabelo Masoabi (editor@maserumetro.com)
Business Reporter: - Mr Neo Senoko (business@maserumetro.com)
Business Reporter: - Mr Kabelo Masoabi (money@maserumetro.com)
Health Reporter: - Ms Lineo Mabekebeke (health@maserumetro.com)
Sports Reporter: - Mr Teboho Jafeta (sports@maserumetro.com)
Chief Sub-editor: - Mr Leboela Motopi (news@maserumetro.com)
Photographer: - Vacant

Graphics Director: - Mr Mthobi Malope (graphics.d@thabure.com)
Graphic Designer: - Ms Ellen Ramangoela (graphics1@thabure.com)

Circulation Director: - Mr Zakaria Liporo (logistics@thabure.com)

The circulation of Free Metro newspaper is 35 000 copies on Thursdays every week.



Facebook: Metro News



Twitter: @MaseruMetro



Instagram: maserumetro



YouTube: Maseru Metro news

Metro



The Audit Bureau of Circulation Certified publication



South African Rand
ZAR1.00



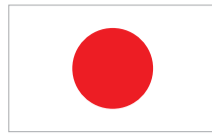
American Dollar
US\$17.27



Europe's Euro
€19.42



British Pound
£21.28



Japanese Yen
¥0.16



Chinese Yuan
¥2.44



Special Drawing Right - SDR
SDR23.80

COMMODITIES (International Rates in US\$)

STOCKS	
S&P500	3,055.64
NASDAQ100	19,001.24
Nikkei225	22,288.14
Dow Jones30	25,504.70
FTSE 100	6,159.04
JSE	54,070.00
Hang Seng	24,427.19
PRECIOUS METALS	PRICE (US\$)
Gold	1,771.92
Platinum	814.50
Silver	17.93
Copper	6,020.29
Crude Oil / Brent Oil	41.43
EQUITIES	
Bonds	17.21
Treasury Bills	17.21
Interest Rates	17.21

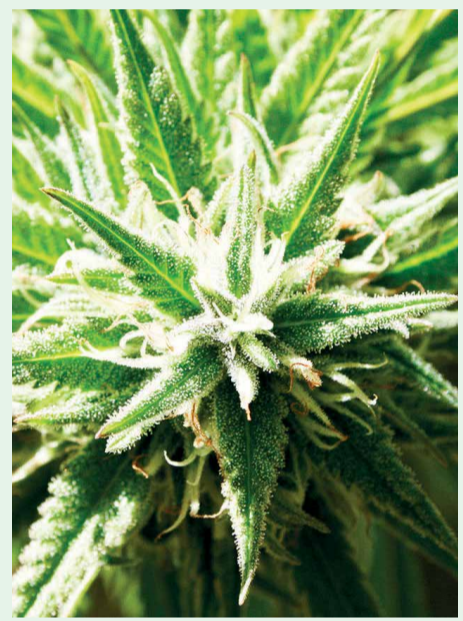
AGRICULTURE (Rates in Maloti/Rands)

Maize Meal p/kg	M7.00	Eggs p/tray	M45.00
Wheat Meal p/kg	M10.00	Milk (fresh) p/litre	M16.00
Cabbage p/kg	M14.00	Milk (sour) p/litre	M20.00
Potatoes p/kg	M10.57	Rice p/kg	M30.00
Brown Bread p/loaf	M10.00	White Sugar p/kg	M22.00
White Bread p/loaf	M11.00	Brown Sugar p/kg	M25.00
Sorghum Meal p/kg	M25.00	Beef p/kg	M85.00
Brown Beans p/kg	M30.00	Mutton p/kg	M90.00
Tomato	M15.00		

ENERGY (Rates in Maloti/Rands)

Petrol Unleaded 93 p/litre	M9.85
Unleaded 95 p/litre	M10.10
Diesel 50PPm p/litre	M10.40
500PPm p/litre	M10.40
Paraffin p/litre	M5.45
Water (Domestic) Band A (0-5kl)	M5.53
Water (Business and Industry)	M15.03
Electricity (Domestic) p/unit	M1.38
Electricity (Industrial) p/unit	M0.26
Gas p/kg	M20.00

Lesotho cannabis exported to Israel



An Israeli company has received approval to import indoor grown cannabis to Israel from Canada and is already importing cannabis from Lesotho.

Israeli cannabis manufacturer Univo has begun importing cannabis grown by leading international company Canopy Growth in Lesotho. Last week Univo imported a relatively small amount of cannabis to Israel and based on the results of testing for its quality plans to import 500 kilograms.

Univo's deal is with a local Lesotho subsidiary of Canopy Growth.

The Lesotho cannabis complies with Israeli Ministry of Health standards for medical cannabis but judging by their names - Jack Herrer, Super Lemon Haze, White Rhino, and The Doctor Flower Bomb Kush - some are prevalent on international recreation markets.

These strains have high THC content, the ingredient in cannabis that gets users high.

This category is in relative short supply in Israel.

In the future, Univo may bring these products to Israel for processing in order to export them on to the European market.

The company also announced that it has received approval to import 208 kilograms of Minerva inflorescences from Canada. This is a unique type of cannabis that is cultivated indoors and fetches a higher price than cannabis grown in greenhouses.

Univo will process these inflorescences in its factory, and market them in Israel. The company is paying about NIS 2 million for the Canadian cannabis.

Only one other company - Cannasure - has approval to sell this product in Israel.

Univo is the first medical cannabis company to embark on commercial operations in the Israeli market as part of the new arrangements. The company has a processing factory in

Israel and is already selling medical cannabis products under its own brand to pharmacies.

It also has its own farm in Israel where it cultivates cannabis but has yet to commence commercial operations with produce it has grown itself.

Univo also recently reported an agreement with the Kineret pharmacy to establish operations for distribution to end customers.

Kineret is a member of a management group with approximately 40 other pharmacies spread out across the center, north and south of Israel. The joint venture will have a first right of refusal (and if not exercised, this right shall be granted to Univo) to approach these pharmacies in order to engage in distribution agreements and to establish additional points of sale with similar volumes of sale. Univo presently has sales agreements for up to 20 tons of medical cannabis.

Globes

SMEs targeted for business growth support skills during Covid-19

NEO SENOKO
 business@maserumetro.com

MASERU – The Covid-19 pandemic is negatively affecting economies around the world and Lesotho is not an exception. The Small and Medium Enterprise (SME) sector in the country is perhaps one of the mostly affected and will need strong support and growth strategies going forward.

In a move to meet such businesses half way during this period, the local chartered accountants and business advisers, PKF Lesotho has lined up a training on Covid-19 business recovery and growth strategies.

The training that is scheduled for July 17 is expected to assist and provide participants with necessary skills to survive and grow their institutions in the era of the Covid-19.

PKF Lesotho is a member of PKF international and specializes in advising growing entrepreneurial/owner-managed businesses, listed companies, public institutions, local authorities and nonprofit organisations.

The body offers world class knowledge combined with the resources and expertise of an international network.

Expected to attend the training are business owners, top management, marketing staff, finance and accounting staff as well as staff members involved in key business operations.

“Although Covid-19 pandemic is a threat to many businesses, it has become a boom time for others. The training is intended to help the businesses to identify the opportunities brought about by the pandemic and therefore to plan their growth.

“We have noticed that continuity of many businesses, especially those in the Small and

Medium Enterprise (SME) category, has been negatively affected by the Covid19 pandemic. So, the training is intended to provide the tips to different businesses on how to survive under the Covid-19 conditions.” Sam Mphaka, a renowned local chartered accountant, said in an interview with Metro on Monday.

Mphaka who is also a business partner at PKF Lesotho said the training will help make the businesses identify their internal strengths and potentials which can be exploited to overcome the effects of the pandemic.



Local chartered accountant Sam Mphaka



JAPAN AUTO PARTS (Pty) Ltd.

Florida Industrial Area opposite Tiny Tots Primary



Japanese used spare parts

Chance never waits, auto parts clearance sale
 Bumpers, Doors, Boot, Gear Box, Tail lamps and Many more

Call: 5310 5747 | 5374 9363 | 6865 2021

We open from: 8:30am - 5:00pm weekdays & 8:30am - 1:00pm Saturdays

Hurry while stock lasts: 25.06.2020 to 25.07.2020

RSDA assists the needy against COVID-19

GERALD MOLUPE

MASERU - The Coronavirus pandemic is having profound consequences on communities, especially the rural poor who were already struggling even before the disease outbreak.

Communities living in the rural areas where poverty and unemployment are rife bear the brunt of the epidemic, a local community development NGO has said.

Rural Self-help Development Association (RSDA) did not watch helplessly as Basotho suffer owing to the devastating COVID-19 pandemic.

RSDA director 'Mampho Thulo says they approached their friends in Denmark so that they could also extend a helping hand to the vulnerable children hard hit by the COVID-19 pandemic.

And their focus was on five districts in the country where they were able to identify the badly affected pupils with the help of their teachers.

In each district, Thulo says, they were able to identify five primary schools where 60 pupils will be assisted from each school.

She says their target is to assist a total 300 pupils across the country from the schools they have identified.

But there remain a huge concern about the number of children still in dire situations across the country.

Thulo says they were able to give the identified pupils some food parcels that include fortified 5kg NUA 45 beans which have been produced by local farmers.

Also in the food parcels were a 12.5kg mealie meal, trays of locally produced eggs and some packets of seeds.

Thulo says they chose the NUA 45 beans because they are rich in zinc and other essential minerals.

When the RSDA visits the schools, the beans are cooked so that those present could

have a taste.

Thulo says going to the schools was also a way of promoting the local produce so that it could be known to the consumers out there in the market.

What also drove the RSDA to rope in the local farmers was the former Prime Minister Thomas Thabane's narrative that the government would buy local farmers' produce to assist the nation during this difficult time.

"So we were trying to kill two birds with one stone," Thulo says.

RSDA is working with schools in the districts of Maseru, Mafeteng, Mophale Hoek, Berea and Leribe.

RSDA's mission is to eradicate extreme hunger and improve the lives of rural Basotho by supporting sustainable agriculture, facilitating self-help and enabling rural communities to become sustainable.

It is the 25th year that the association is working with the smallholder farmers to help them produce throughout the year.

Thulo says the COVID-19 pandemic and crises have led to increasing attention and clamour to redouble efforts towards food provision.

The principal of Phoqoane Primary School in Mafeteng district, Rapelang Mokhele, says the food parcels have made a big contribution to his school.

He says his learners were badly affected by the COVID-19 pandemic.

Phoqoane Primary School has an enrolment of 295 pupils.

Mokhele said most of the learners are from economically challenged backgrounds which have been worsened by the pandemic.

"They are from families headed by the elderly people and some are orphans," he says. Because of rife poverty from these families, those in Grade 7 have a faint hope that they will further their studies to the next level.

Their dreams are shattered at an early stage making it difficult to dream big, he says. Mokhele says lack of food makes it difficult for pupils to perform well in their studies because they are unable to concentrate on their studies.

Evodia Phako of Shalane Primary School from Quthing says her school is struggling to survive because of the grinding poverty in the area.

She said her school which has an enrolment of 77 pupils is finding it hard to churn out pupils who could make it through to high school level.

With the help of the food parcels from the RSDA, at least their hunger will be kept at bay during this difficult time.

Thanks to the RSDA for extending a helping hand to the needy people in Phamong area.

Quthing district is the least performing district in the country in respect of Form C and E results.

A study shows that Quthing's pass rate is shockingly poor all due to a host of factors that need parents, teachers, learners and the whole community to pull together to improve the pass rate.

And the phenomenon of child-headed families also contributes massively to the low pass rate in Quthing.

The majority of learners in the district are left on their own while their parents trek to the neighbouring South Africa farms in search of jobs.

Lesotho has already recorded 35 confirmed cases of COVID-19 with two recoveries and no deaths reported.

Meanwhile, the police have issued a press statement warning the public to wear face masks in public space or face the law.

This is being done to enforce adherence to the regulations to minimise chances of contracting the deadly virus.

GET YOUR CAR Winter READY

PRICES VALID FROM 22 JUNE - 5 JULY 2020

MIDAS MONOGRADE
SAE-40
SG/CD
Petrol oil
Available in 1L or 5L

1L MI40-1 **40.00**
5L MI40 **140.00**

HOLTS ANTI-FREEZE
Yellow, blue, green or red
1L

AF171B/1G/1R
50.00 Each

Protects against freezing
Safeguards metal against corrosion
Suitable for aluminium cylinder heads

AUTOGEAR 100PSI AIR COMPRESSION & TYRE REPAIR KIT

30mm cylinder
Max pressure: 100Psi
Max air flow: 30L/min
3m cord with cigarette plug
3.5m PU hose
1 piece needle nose pliers
1 piece cutter knife
6 pieces tyre repair kit

TRK1101
380.00

MIDAS MULTIGRADE
20W-50
SJ/CD
Petrol oil
Available in 1L or 5L

1L MI20W-1 **40.00**
5L MI20W **145.00**

AUTOGEAR 113 PIECE TOOL KIT
½" + ¼" drive

TK113PC
1899.00

New Arrival

AUTOGEAR HEATED CUSHION
12V
3 settings

CS20GT
239.00

MIDAS MULTIGRADE DIESEL
15W-40
CH-4/SJ
Diesel oil
Available in 1L or 5L

1L MI40TD-1 **40.00**
5L MI40TD **170.00**

AUTOGEAR PVC CAR MAT SET
4 piece set
Available in black

MA14
289.00

New Arrival

AUTOGEAR HEATED BLANKET
Powered by 12V car plug
Size: 145x100cm

H812V
399.00

New Arrival

MIDAS SEMI-SYNTHETIC OIL
10W-40
SN/CF
Petrol oil
Available in 1L or 5L

1L MI10W-1 **45.00**
5L MI10W **220.00**

Post Bank approves M100,000 grant to vendors

SA's 2020 maize crop expected to increase -survey

TUMELO MODIBA

South African maize farmers are expected to harvest 38% more maize in the 2019/2020 season compared with the previous season after favourable weather conditions boosted yields, a Reuters survey showed on last week Tuesday.

South Africa's Crop Estimates Committee (CEC) is expected to forecast this year's maize production at 15.574 million tonnes, up from 11.275 million harvested in the 2018/2019 season, which was impacted by dry weather conditions, an average estimate by five traders and analysts showed.

The estimate is slightly lower than the CEC's May forecast of 15.589 million tonnes.

Estimates ranged from 15.3 million to 15.72 million tonnes.

The crop is expected to consist of 9.182 million tonnes of white maize used mainly for human consumption, and 6.394 million tonnes of yellow maize used mainly in animal feed.

Reuters



the lockdown that was imposed in April. So we approached Khathang Tema Baitšokoli to see how we could assist them going forward.

"That is when we learned that some people are actually out of business as we speak due to Covid-19 pandemic. Then we decided to pick them up as well as to ensure through training that their businesses may never collapse again," Lesotho Post Bank Chief Executive Officer Molefi Leqhaoe said during a media briefing on Wednesday. Leqhaoe, however, raised a concern about lack of savings culture in the SMME sector, emphasising that the training that they will receive from the bank should help them in that regard. This, he said, is particularly important considering that the sector is the one driving the economy of Lesotho.

"This is the sector that is holding the economy of this country and it was easy to help them mainly due to our good working relationship," the CEO added. A significant number of registered companies in the country fall under the SMME sector category and most of them are unbanked. For his part, the representative of the street vendors' association Tšolo Lebitsa said Lesotho Post Bank being the only Basotho bank needs full support going forward so that they are always in a position to assist during tough times.

"So this money will go straight to those vendors who were hard hit by consequences of the Covid-19 pandemic so much so that their businesses had to collapse. We are mainly targeting those in the food and beverages categories because their businesses are vulnerable and risky," Lebitsa said in a brief interview with Metro news shortly after the event. He said street vendors at district level will also benefit with the support of the district committees and urban councils in identifying those who desperately need support.



GIVING: CEO of Lesotho Postbank Molefi Leqhaoe

NEO SENOKO
business@maserumetro.com

MASERU – The Lesotho Post Bank has set up a start-up grant towards uplifting the Small, Medium and Micro Enterprises (SMMEs) that collapsed due to the Covid-19 pandemic.

The bank has donated a M100 000 grant to Khathang Tema Baitšokoli as part of its Corporate Social Responsibility Initiative to ensure that the SMME sector sustains tough conditions of the Covid-19. Close to 100 small

business holders are set to benefit through the grant with each individual expected to receive at least M1 000 to revive their businesses.

Not only those in Maseru are set to benefit but even vendors at district level.

The expectation is that beneficiaries will receive their monies in less than a month from now. The bank will also provide training to these beneficiaries to ensure that their businesses thrive during this period.

"We noticed that the Covid-19 pandemic has affected the sector negatively, particularly with

add more
mix & match

10 garments 30 looks

lazer fashion top
R149 99%
add more

black fashion top
R149 69%
add more

fashion denim
R249 129%
add more

wed weekend jacket
R449 219%
add more

brigitte
R149 49%
add more

chocolate jacket
R249 139%
add more

fashion denim
R249 129%
add more

checked shirt
R149 99%
add more

lazer blazer
R249 119%
add more

cherry shirt
R149 99%
add more

Presented by: on 24 January 2020. Visit www.ackermans.co.za for more. All prices are in Rand. © Ackermans & Partners 2020

Small-scale farmer grapples with climate change, COVID-19

GERALD MOLUPE

MASERU - The United Nations Development Programme (UNDP) says local farmers have to cope with droughts, rising temperatures and more frequent extreme weather events.

And, as the changing climate forces more people to migrate, new conflicts are being triggered.

Small-scale farmers feel the most pinch due to the ever changing climatic conditions as they normally cannot afford hybrid seeds that can help produce quality food without any hassle, the UNDP report states.

With the deadly combination of successive droughts and the economic impact of the COVID-19 pandemic, the consequences are just unbearable.

Farmers suffer consequences of the

ecosystems that have been pushed to their limits by over-cultivation, overgrazing, and over-harvesting, as communities are forced to adopt measures that push the land beyond its capacity.

Lethoba Letšela, (pictured), a small scale farmer from Ha Patlo in Leribe has a story to share.

Over the years, his business has always been pulled down by a multiple of factors and now the situation is aggravated by the Covid-19 pandemic that has impacted negatively on the global economy.

The crop farmer who grows a variety of vegetables more especially cabbage on his small plot of land uses cattle manure for fertilizer.

Because he produces in large quantities, this has opened a good market to supply

people with tenders to feed primary school pupils under the Free Primary Education, which was established by the government in 2000.

But now he struggles to produce the much needed vegetables as he has to depend on rain-fed agriculture to produce.

Of late, his production has decreased significantly because of unreliable rainfall patterns triggered by the climate change.

But in his words, he has not thrown in the towel.

He soldiers on because he has to provide for his family through production of food.

So when the Covid-19 outbreak struck and Lesotho joined rest of the world to go for a total shut down, schools were closed down indefinitely and so was his farming business along with many others.



That means he now has to grapple with the biting economic conditions.

"The schools were shut down and I had no one to produce for on a large scale," he says, adding he now has to face the reality of the inevitable poverty.

He adds: "The double headed challenge of climate change and the catastrophic pandemic has made me unable to cope and life is becoming difficult by the day."

Lesotho was already struggling to produce enough for its people long before the Covid-19 outbreak.

Its numerous problems related to economic and climate shocks were only exacerbated by the pandemic.

"At least if the schools could reopen, I would go to South Africa to buy the vegetables for life to go on.

"But the borders are closed and there is no movement between the two countries," he says.

Former Prime Minister Motsoahae Thabane's government established a relief fund worth M100 million to assist farmers stay afloat during this difficult time.

The money, Thabane said, will help farmers to get agricultural subsidies to increase food production and nutrition situation as well as the household food security whilst maintaining the right level of grain reserves.

Like fellow struggling farmers, Letšela is also hopeful to get a share of the cake.

He says for years, he has been able to penetrate through Lesotho's tough business climate but the COVID-19 has thrown spanners on his plans.

The UNDP collaborated with the government to help farmers adapt, and become more resilient, with innovative programmes aimed at transforming the way they plant crops, raise livestock, and manage their natural resources.

Lesotho Vulnerable Assessment Committee (LVAC) 2019 report shows that the majority of households in the country are struggling with a serious deficit of food and other basic items.

The report reveals that 349 000 people faced acute food insecurity between May and September 2019.

The COVID-19 has worsened the already fragile food insecurity and even small packages of food parcels from the so-called good Samaritans at the height of the total shut down are now quickly fading away.

The World Food Programme (WFP) Country Director, Mary Njoroge, says the UN food agency came to the aid of communities following a request from the government.

She says their aim is to achieve Goal 2 of Sustainable Development - zero hunger.

She says since 2001, Lesotho has been affected by different shocks but drought was the most frequent one.

Njoroge says this is the third consecutive year in which Lesotho has experienced poor harvest.

THE SNUGGLE IS REAL!

MAGICAL HEATING PADS 17.5 x 11cm 15 x 10cm 39⁹⁹ each

KNITTED WATER BOTTLE COVER To fit 2L bottle; Assorted 39⁹⁹

RUBBER RUBBED HOT WATER BOTTLE 2L; Assorted 59⁹⁹

MICROWAVEABLE BEAN BAG 30 x 18cm 59⁹⁹

HOT WATER BOTTLE WITH FLEECE COVER 2L; Assorted 69⁹⁹

HOT WATER BOTTLE WITH PLUSH COVER 2L; Assorted 99⁹⁹ each

HOT WATER BOTTLE WITH PLUSH COVER 2L; Assorted 99⁹⁹ each

MICROWAVEABLE HEATING PAD 750g; With ceramic beads; Assorted 69⁹⁹

MICROWAVEABLE HEATING PAD 750g; With ceramic beads; Assorted 99⁹⁹

MICROWAVEABLE PLUSH HEATING PADS 300g; With ceramic beads; Assorted 79⁹⁹ each

MICROWAVEABLE HEATING PADS With ceramic beads; Assorted 99⁹⁹ each

MICROWAVEABLE HEATING SLIPPERS 200g; With ceramic beads 129⁹⁹

LADIES / MEN'S SLIPPERS Ladies sizes 4-7; Men's sizes 6-11 79⁹⁹ per pair

FLANNEL BLANKET WITH REVERSIBLE SHEPPA SIDE 200 x 200cm 299⁹⁹

FLANNEL FLEECE BLANKETS 90 x 125cm; Assorted 79⁹⁹

150 x 180cm; Assorted 149⁹⁹

200 x 200cm; Assorted 199⁹⁹

Snuggle-up

POLAR FLEECE BLANKET WITH SLEEVES 180 x 140cm 149⁹⁹

THE CRAZY STORE

Hey, you never know what you might find!

www.crazystore.co.za

All your brrr necessities
in over 375 stores!

This is Lesotho...

... In News



Mobile court

Much of the news has been in the courts of law for the past week, with the former First Lady 'Maesaiah Thabane's bail application being granted after the judge tongue-lashed the office of the Director of Public Prosecution as well as the head of investigations in the case, DCP Mokete. The judge could not also spare words to shed his frustration with the social media tickers in meddling with the case, calling them 'sewer rats' that needs to be sanitised away. Mrs Thabane was given a MIO,000 bail and ordered to report to the police fortnightly and report every time she has to leave the country.

In another high profile constitutional court case, former deputy Prime Minister and LCD leader, Mothejoa Metsing, together with MEC leader Selibe Mochoboroane, continued their fight for their treason charge to be deferred until the reforms are concluded, arguing it was part of the SADC brokered peace deal. The hearing continues.

In other news, the department of Justice received a mobile court unit aimed at fast-tracking mainly road and traffic related cases around the country. New Minister Nqosa Mahao said the mobile unit to be at the disposal of the magistracy will be launched soon but is already available for use. The unit donated by the Road Fund is reported to have cost over a million Maloti.

... In Politics



Prof. Nqosa Mahao

A number of politicians, both in the grand coalition and the opposition have continued to disregard the Covid-19 regulations by being part or organising large public gatherings against the law. Deputy leader of the ABC Prof.

Nqosa Mahao has become one of the recent violators after addressing and being part of the Stadium Area congregation at the weekend where some over 100 supporters of AD defected into his party following the crossing of the floor by the constituency representative Mokherane Tsatsanyane from ABC to AD in parliament.

Several leaders or senior politicians have found themselves in the crosslines either addressing supporters or masquerading as distributing food parcels to affected communities as part of their campaign strategy...

MoneyMatters make it count

How to realise your position in the market

FUTHICABE

For small and medium enterprises (SMEs) the importance of knowing your position in the market can never be emphasised enough. Proper positioning gives meaning to the strategic direction of your business and provides insights on how to succeed.

A strong business obtains and keeps customers, but this can be difficult to do when not in a position that makes it easy for customers to access your products and services. Your position in the market forms a critical part of a marketing plan, which conveys how you will develop or deliver products and services that are guaranteed to satisfy your customers' demands.

Here is a list of questions which might help to better understand your position in the market:

- . Who are your competitors: new or old, big or small?
- . What are the strengths and weaknesses of each of the identified competitors and how does your business compare?
- . Who has what share in the market and where do you fit in?
- . What characterises this business you are in? Is it high value or commodity? Where are you in your growth curve?
- . Who are your main customers and how do they buy?

Once you have a better understanding of your business position in the market, there are some important aspects to consider:

1. Marketing is everyone's job: Everyone in your business is involved in marketing your company's products or services, despite their position. Each staff member contributes in some way to your business's acquisition and retention of customers. For this very reason, everyone should have an appreciation of what the process of marketing involves and how it applies to your business.
2. Generate marketable products or services: Have products, services, concepts or ideas that you screen and test to ensure they actually satisfy customer needs and are potentially profitable. Without marketable products and services, you will not attract, grow and retain customers.
3. Profile your competition: As mentioned above, how well do you know those competing for your customer? Gather as much information as you can on their marketing and communication strategies. Identify any gaps in the market that they are not filling and exploit these to the full.
4. Analyse market opportunities: This analysis should include your current and future market size, growth potential and key players. Remember that research indicates approximately 75% of small business customers come from within an 8km radius of the business. Assemble information about your business's current and potential markets, the users of your products and services, and about those areas where your business has a significant competitive advantage.
5. Target your market: Having analysed the market and gathered information on the skills and resources of your business, you are now in a position to select specific target markets. If you are not a mass-marketing business, i.e. you don't offer your product or service to a broad base, then you are in a position to pinpoint segments of the market to target specifically.
6. Publicise your products or services: If you have products or services that people want and are willing to pay for, your next step is to bring these to people's attention.



7. Develop an appropriate strategy for advertising and promoting your products, sales campaigns and distribution channels. Be clear about the channels of distribution that talk to your position in the market and in keeping with the needs of your customers.
8. Review your performance regularly: Unless you monitor your position in the market regularly, you will run the risk of not finding out until too late that you have been left behind. Check sales results constantly and ensure set targets are being achieved. Read the market and respond accordingly.
9. Finally, always remember that the business of business is not producing goods and services,

but buying customers by doing the things that will make people want to do business with you.

We have been building relationships and helping our customers to grow with the right asset finance solutions for over 40 years. We work together with you to understand your business needs and environment, which helps us to truly provide you with a tailor-made asset finance solution.

Whether you decide to buy or lease an asset, we'll help you to find the right solution to meet your business needs, giving you the freedom and choice to grow your business - and we'll be with you every step of the way.

Futhi Cabe, head of WesBank's SME segment.

SINCE 1930

BEARES
Really Cares about You!

Make it a REALITY with

HUGE DISCOUNTS

WHILE STOCKS LAST WHILE STOCKS LAST WHILE STOCKS LAST WHILE STOCKS LAST

SHEPHERD COUCH
R6999⁹⁹ **SAVE R3000**

Deposit R2000 - R3500
Credit Price R15290

AQUARIUS 3-PIECE BEDROOM
R6999⁹⁹ **SAVE R2000**

SAVE R3000

Deposit R2000 - R624
Credit Price R12790

RESTONIC RE-CHARGE 152 CM
R5999⁹⁹ **SAVE R1000**

Deposit R800 - R450 (10 weeks)
Credit Price R13590

Panasonic 55" ANDROID LED TV
R9999⁹⁹ **SAVE R4000**

Deposit R1000 - R615 (10 weeks)
Credit Price R22140

Metro HEALTHY Living

Lesotho records 6 new COVID-19 cases ...total count takes the nation to 35

US donates M700 000 worth of PPE to Lesotho

LINEO MABEKEBEKE
health@maserumetro.com

MAFETENG - The United States of America (USA) embassy in Maseru has donated over \$45,000 (approximately M777 000) worth of medical devices and personal protective equipment (PPE) to assist Lesotho in its fight against the COVID-19 pandemic.

The delivery provided by the U.S. Department of Defence included 12 000 medical-grade masks, 11 000 face shields, and 256 thermometers procured by the U.S. military to help protect Lesotho's health workers.

Members of the U.S. military assigned to the Office of Defence Cooperation at the U.S. Embassy in South Africa and accredited to Lesotho transported the equipment to the Maseru Bridge border post for the handover.

The equipment was later taken to the National Drug Storage Organisation (NDSO) in Mafeteng where the Minister of Health Motlatsi Maqelepo and the U.S. ambassador to Lesotho, Rebecca Gonzales were on hand to ensure its safe arrival at the storage facility. In the same token, the US envoy said the partnership between Lesotho and United States will go a long way towards addressing the challenges facing the two countries as well as the entire world. For his part, Maqelepo said: "The equipment will go a long way in helping health professionals manage the already confirmed cases. As COVID-19 cases increase in Lesotho, the minister called all to stand in solidarity, saying together the world can tackle the pandemic. The donation of PPE is administered via funding from the United States Africa Command Humanitarian Assistance program. Since April, the Office of Defence Cooperation based at the U.S. Embassy in Pretoria, has facilitated and implemented numerous PPE exchanges to host nations in order to support frontline health workers in stopping the spread of COVID-19.



Minister of Health Motlatsi Maqelepo (left) and the US ambassador to Lesotho Rebecca Gonzales (right) in Mafeteng

LINEO MABEKEBEKE
health@maserumetro.com

MASERU - The Minister of Health Motlatsi Maqelepo confirmed on Wednesday that there are six new COVID-19 cases, bringing the total confirmed cases in Lesotho to 35. Maqelepo said of the new cases, two are from Botha-Bothe, two from Leribe and the other two from Maseru. He said the rate at which the COVID-19 pandemic is growing in Lesotho, shows that means it really exists, adding that Basotho need to change the way they have been responding to the disease.

He said the ministry is trying to avoid local infections and transmission, usually after close contact with an infected patient. He said they want to be at a point where people do not gather in large numbers at one place - especially in supermarkets, funerals and churches to mention a few. He said if

the rate of infection continues to spread the way it is currently doing, a nation-wide or district lockdown maybe considered. According to Maqelepo, Lesotho has been in a state of lawlessness even before COVID-19, so the current situation makes it difficult for people to adhere to the regulations aimed at decreasing the spread of COVID-19 in the country.

Due to lack of resources, he said sometimes it takes the ministry four to five days to respond to alerts in different districts and villages. From the confirmed cases, Dr Tšepang Lekhela an epidemiologist in the Ministry of Health said 25 are travellers from South-Africa and other countries while 10 had no reported travelling history.

"Ten of the confirmed cases are local transmission with no travel history; three had been in contact with confirmed cases," she said. She said seven of the local transmission cases cannot be connected with any of the confirmed cases; six

are from Maseru and one from Leribe, confirming that there is a local transmission. This Dr Lekhela was quick to show should be a game-changer for Lesotho. Of the 35 cases, there are seven new recoveries, taking the total number of recoveries to 11 and still no Covid-19 related deaths recorded. Of the 10 districts of Lesotho, only Thaba-Tseka has not recorded any case. Maseru leads with 10 followed by Botha-Bothe with eight. To date the world has recorded a total of 10, 614, 983 confirmed cases, 14, 630 Covid-19 related deaths and 5, 824, 927 recoveries.

The United States of America (USA) tops the charts with 2, 727,996 confirmed cases, 130, 123 deaths and 1, 143, 490 recoveries. As of Wednesday afternoon, the neighbouring South Africa was on position 17 globally, leading the African continent with 151, 209 confirmed cases, 2, 657 deaths and 73, 543 recoveries.

EXPERT SENSITIVITY RELIEF

PLUS

THE BENEFITS OF DAILY TOOTHPASTE

SENSODYNE Extra Whitening
TOOTHPASTE FOR SENSITIVE TEETH AND CAVITY PREVENTION

#1 Dentist Recommended Brand for Sensitive Teeth
*with twice daily brushing

"I recommend Sensodyne."
Dr. Alexander-Smith,
Dentist, Chicago.

Omega 3 fatty acid foods:
 Omega-3 fatty acids are a type of unsaturated fatty acid that may reduce inflammation throughout the body. Inflammation in the body can damage your blood vessels and lead to heart disease and strokes. Foods such as walnuts, flaxseed, salmon fish and soybean are rich in omega 3 fatty acids and are considered good for heart health as they are supposedly known to cut down on blood clotting and increase high density lipoprotein cholesterol levels.

Stress Fracture:
 A stress fracture is an overuse injury that occurs when muscles are no longer able to absorb the impact from physical activity, and a bone absorbs the pressure, resulting in a break. Stress fractures can occur when increasing activity, especially too quickly. The majority of stress fractures occur in the lower legs and feet. Women are more prone to stress fractures than men. Stress fractures cause pain with activity. Rest is prescribed to allow a stress fracture to heal.

Responsiveness
 Responsiveness is the ability of an organism to adjust to changes in its internal and external environments. An example of responsiveness to external stimuli could include moving toward sources of food and water and away from perceived dangers. Changes in an organism's internal environment, such as increased body temperature, can cause the responses of sweating and the dilation of blood vessels in the skin in order to decrease body temperature.

TO YOUR GOOD HEALTH
 Wearing a mask can also protect your hearing
LINEO MABEKEBEKE
 health@maserumetro.com

Face masks can also help prevent hearing loss caused by chemicals and noise exposure. According to audiologist Thabo Rapoœa, certain chemicals have harmful effects on hearing and balance.

"These are ototoxic chemicals and can cause hearing loss on their own which can be worsened when a person is exposed to both the chemicals and noise at the same time," says Rapoœa. Even if the noise and chemicals are at recommended exposure levels, Rapoœa says the exposure to both can do more damage than a higher exposure to each alone. The hearing frequencies affected by chemical exposure are different than those affected by noise.

"You can be exposed at work or home," he says. Ototoxic chemicals he shows can cause mild to severe hearing loss, or total hearing loss, depending on individuals and the levels of exposure. They can also cause ringing in the ears called tinnitus.

The chemicals he adds can also cause balance problems ranging from mild to total breakdown. Some signs of balance problems include headache, feeling of fullness in the ear, dizziness and being unable to walk. Rapoœa says exposure to harmful chemicals may occur through inhalation, ingestion or skin absorption. He notes that health effects caused by ototoxic chemicals vary based on exposure frequency, intensity, workplace exposure to other hazards and individual factors such as age. He says anything that can be harmful to one's ears must also be harmful to the rest of the body, adding that by protecting the ears, one might be protecting their general heal.

GBV increases under COVID-19 restrictions

LINEO MABEKEBEKE
 health@maserumetro.com

MASERU - While disease outbreaks threaten population's health, like it is the case now as the Covid-19 pandemic prevails, aggressive response measures such as the lockdown increase gender-based violence and threatens the lives as well as livelihoods of women and girls in Lesotho.

Reports of domestic violence in Lesotho are following a similar heightening trend like in other parts of the world, officials have said.

The Lesotho Planned Parenthood Association's (LPPA) on Saturday held its 49th Annual General Meeting, whose theme was - heal the world: end gender based violence.

Speaking at the event, the acting principal secretary Ministry of Gender, Youth, Sports and Recreation 'Mabataung Khalane, said recent statistics from the police's Child and Gender Protection Unit (CGPU) show that during this period of the Covid-19 outbreak, the number of sexual violence cases increased.

A few weeks ago, a student from Lerotholi Polytechnic was brutally raped and murdered by a group of boys in Thabong, Maseru.

Khalane said that was not the only case reported where women and girls were brutalised in various forms by men during this period.

The attacks she said rob the nation of productive members of society who could contribute to the development of the country.

She said there are challenges that are

posed by gender based violence, adding that it is intertwined with Sexual and Reproductive Health (SRHR) which makes it a significant health, social and economic problem.

"It robs women and girls the ability to control their own sexual and reproductive health, placing them at greater risk of contracting HIV, sexually transmitted diseases, failure to plan their families, child spacing, unwanted pregnancy which might result in illegal abortions, due to inability to negotiate the use of condoms or other contraceptives with their partners. It is also a barrier to women in accessing health care services," she said.

She said there is also a link between GBV and psychological trauma.

"Studies by the World Health Organisation (WHO) have shown that women who have experienced physical and sexual abuse have higher incidences of developing depression, anxiety, Post Traumatic Stress Disorder (PTSD), sleeping disorder and high level of substance abuse to help them cope with the situation and this at times lead to suicide," she said.

Another issue of concern she said is stigmatisation and fear which further poses a problem in tackling GBV.

She said many women fail to report their cases or even seek health and legal services as well as psychosocial support because of fear of being stigmatised. The ministry she further showed works tirelessly to come-up with strategies to prevent GBV, adding that violence

against women and girls is not acceptable, hence should never be tolerated.

"There is therefore a need to scale up efforts across a range of sectors both to prevent violence from happening in the first place and to provide necessary services for women experiencing violence," she showed.

For his part, LPPA president Boithabiso Sithole said their aim is to ensure that women and girls, in particular, get the relevant support they need to be free from any form of violence.

He said it was their mandate to ensure that people in Lesotho and around are safe.

Sithole said it is their responsibility to also ensure that every family is well protected against gender based violence.

Gender Based Violence (GBV) as a global and public health problem as well as fundamental violation of women's rights is one of the crucial social mechanisms by which women are forced into a subordinate and compromising position, he noted.

According to the World Health Organisation (WHO) one in three women worldwide has experienced either physical and/or sexual violence perpetrated by an intimate or non-intimate partner.

Lesotho is no exception in this regard as a recent survey by Gender Links shows that 86% of women experience GBV one way or the other in their lifetime.

Even though, there are other forms of GBV that women and girls are exposed to, physical and sexual violence represent a larger proportion of violations.

LINDSAY
LOST
43kg
BEFORE 122 KG AFTER 79 KG



BENIKA
LOST
18kg
BEFORE 86 KG AFTER 68 KG




KATE KELLAND

Millions of women and children in poor countries are at risk because the COVID-19 pandemic is disrupting health services they rely on, from neonatal and maternity care to immunisations and contraception, a World Bank global health expert has warned.

Monique Vledder, head of secretariat at the bank's Global Financing Facility (GFF), told Reuters in an interview the agency was gravely worried about the numbers of children missing vaccinations, women giving birth without medical help and interrupted supplies of life-saving medicines like antibiotics.

"We're very concerned about what's happening - particularly in sub-Saharan Africa," Vledder said as she unveiled the results of a GFF survey, one of the first seeking to assess the impact of COVID-19 on women's and children's health.

"Many of the countries we work in are fragile and so, by definition, already have very challenging situations when it comes to health service delivery. This is making things worse."

From late March, the GFF has conducted monthly surveys with local staff in 36 countries to monitor the impact of COVID-19 on essential health services for women, children and adolescents. Sharing the survey findings with Reuters, GFF said that of countries reporting, 87% said the pandemic, fears about infection or lockdown measures designed to curb the spread of the coronavirus, had led to disruptions to health workforces.

More than three-quarters of countries also reported disruptions in supplies of key medicines for mothers and babies, such as antibiotics to treat infections and oxytocin, a drug for preventing excessive bleeding after childbirth. The number of GFF countries reporting service disruptions nearly doubled from 10 in April to 19 in June, and the number reporting fewer people seeking essential health services jumped to 22 in June from five in April. GFF found that in Liberia, for example, fears about COVID-19 were preventing parents from taking their children to health clinics. In Ghana, some pregnant and lactating mothers were opting to postpone antenatal services and

Women, babies at risk as COVID-19 disrupts health services

routine immunisations for fear of contracting the pandemic disease.

"We are seeing declining vaccination rates among children. We're seeing women accessing services less for ante- or post-natal care. We're seeing a decline in babies being

born in health facilities. And we're also seeing a slide in outpatient services - for treatments for diarrhoea, malaria, fever, pneumonia for example," Vledder said.

Rapidly declining access to reproductive health supplies is also a key worry, Vledder

added. The GFF estimates that if the situation does not improve as many as 26 million women could lose access to contraception in the 36 countries, leading to nearly 8 million unintended pregnancies.

Reuters

Covid-19: 'Overwhelmed' Eastern Cape asks for SANDF medical team's help

Eastern Cape Premier Oscar Mabuane has admitted the province's hospitals are "overwhelmed" in the fight against Covid-19, and has asked national government for the support of the South African National Defence Force medical team. The Eastern Cape's hospitals have been struggling to cope with the influx of patients, as staff at some hospitals embark on go-slows over various grievances around their work environment.

Speaking during a coronavirus command council press briefing on Tuesday, Mabuane said: "In light of our health system being overwhelmed, we have made a request to national government to deploy the medical team of the South African National Defence Force to assist us with the health intervention of our strategy."

There are 27 686 confirmed cases of Covid-19, 422 deaths and 14 081 recoveries in the Eastern Cape. Nelson Mandela Bay Metro, incorporating Port Elizabeth, Uitenhage and Motherwell, is the Eastern Cape region with the highest number of infections, with 7 827 confirmed cases and 136 deaths. OR Tambo District, with its seat in Mthatha, has the second highest number of deaths with 92 and 4 772 infections.

The Buffalo City Metro has 80 deaths and 6 767 infections. Mabuane's admission about the crisis of the province's hospitals comes amid growing outcries from nurses and doctors about being overwhelmed by high number of patients at hospitals and a lack of resources. Mabuane, who warned that the virus is going to get worse, said the province was building one field hospital with 500 beds for all six district municipalities and two metros. He said this was "to ensure that we are prepared for the surge of patients with Covid-19 infections". He said the provincial government has appointed additional health workers for hospitals to address challenges faced by other health workers at the Dora Ngizwa, Livingstone and other hospitals in the province.

Dis-Chem PHARMACIES

19 June to 12 July 2020

VALUE YOU CAN TRUST

BULK BUYS

BULK BUY
50x Disposable 3-ply Mask
497⁵⁰
Normal Price: 12⁹⁵ each
Equals 9⁹⁵ each

BULK BUY
24x Cosmo OR SafeGuard Hand Sanitizer 1 litre
1678⁸⁰
Normal Price: 74⁹⁵ each
Equals 69⁹⁵ each

BULK BUY
12x Cosmo Hand Sanitizer 5 litre
3174⁰⁰
Normal Price: 299⁰⁰ each
Equals 264⁵⁰ each

BULK BUY
12x Digital Contactless Infrared Thermometer
10 200⁰⁰
Normal Price: 999⁰⁰ each
Equals 850⁰⁰ each

2+1 FREE on ANY Aqua-Bar Cleansing Bar 120g

Aqua-Bar Cleansing Bar 120g / Assorted **34⁹⁵ each**

Dis-Chem brands fewer RANDS

Softi 2-ply Facial Tissues 4 x 200 tissues **64⁹⁵ each pack**

2+1 CHEAPEST FREE on ANY Essentiale Extreme products

Essentiale Extreme 50 capsules **129⁹⁵ each**
Essentiale Extreme 100 capsules **223⁹⁵ each**

2+1 CHEAPEST FREE on ANY Slow-Mag products

Slow-Mag 30 fizzes **187⁹⁵ each**
Slow-Mag 60 capsules **209⁹⁵ each**

2+1 CHEAPEST FREE on ANY Berocca products

Berocca Performance Value Pack 45 effervescent tablets Assorted **239⁹⁵ each**

BEST ADVICE WIDEST RANGE LOWEST PRICES

1 FOR 22⁹⁵
4 FOR 79⁰⁰ **SAVE 12⁹⁵**
Sunlight Dishwashing Liquid Refill Pouch 750ml

FREE Disposable 3-ply Mask when you purchase ANY 4 Sunlight Dishwashing Liquid Refill Pouches 750ml

1 FOR 79⁹⁵
2 FOR 140⁰⁰ **SAVE 19⁹⁵**
Little Bee Choice Grade Honey 1kg
Listerine Zero Mouthwash Value Pack 1 litre

SAVE 55⁹⁵
184⁹⁵ per pack
Pampers Baby-Dry Nappies Jumbo Pack Assorted sizes and quantities

Mini Baby	(JP)	84-pack	4P
Mini	(JP)	70-pack	2P
Mini	(JP)	56-pack	2P
Mini 4x	(JP)	62-pack	2P
Mini	(JP)	50-pack	3P

SHOP ONLINE **24/7** **365**

Delivered to your door OR collect from any Dis-Chem store nationwide • dischem.co.za

Free delivery on orders of 600⁰⁰ or more. No charge for collection in store.

Maldives reopens to tourists



The Maldives will open its borders and lift all travel restrictions from July 15, according to a tweet from the Ministry of Tourism.

The Ministry says tourists must submit a health declaration

form on arrival but a health certificate will not be necessary to enter the country. Travellers with COVID-19 symptoms will be tested on arrival, and random testing will be conducted at

airports.

Resorts, live-aboards and hotels on uninhabited islands will reopen from July 15, and guest houses and hotels on inhabited islands will reopen from August 1.

Recipe Of The Week

Spicy Mexican Chicken Salad

Ingredients

24 oz boneless, skinless chicken breast (3 chicken breasts)
 3 Roma tomatoes
 2 shallots
 ¼ cup diced green onion
 1 large jalapeno
 3 limes JUICE
 ¼ cup cilantro leaves diced, NOT packed
 ¼ cup olive oil
 3 Tbsp hot sauce
 1 ½ Tbsp sriracha sauce
 1 tsp garlic powder
 Salt

Instructions

Cook chicken breast by either baking it or boiling it in water. When cooking the chicken, add juice from 1 lime and some salt so the flavors carry through the chicken. (If boiling chicken, throw the lime halves into the water

after squeezing out the juice for more lime flavor.)

Once chicken is cooked, take it out and cool it enough to be handled. Slice chicken into thin slices and add to a mixing bowl.

Dice tomatoes, mince shallots, green onions, cilantro, and jalapeno peppers. Add veggies to the bowl. (Remember to wear glove when handling jalapenos so that your hands and everything you touch is not burning.)

Add olive oil, juice from 2 limes, hot sauce, and sriracha sauce to the bowl. Mix well.

Add garlic powder and salt and mix very well.

Transfer into a storage container with a lid and refrigerate for about an hour to cool down.

Store in an air-tight container in the refrigerator.



Still baking & delivering your essential



during lockdown.





Visit Maseru Mall For



Standard Lesotho Bank



METROPOLITAN LESOTHO



NEDBANK



LIBERTY



We hang only the best!



EXPERTS IN EYECARE



BOTHO UNIVERSITY





I want to go global - Tshitso

ASPIRING: local Afro-pop star Tshitso 'Tshitso' Chalatsi

TEBOHO JAFETA
sports@maserumetro.com

MASERU – Afro-pop and afro-jazz star, Tshitso Chalatsi, affectionately known as Tshitso says he is targeting the international market and is currently taking it step by step towards achieving that goal.

His music is already a big hit among young and older generations, depicting one of the fine talents to come out of the mountain Kingdom.

Tshitso started singing at a tender age when he sang for the church choir at his father's church.

"My father was a pastor, so I started singing gospel for the church choir and before later joining a community choir. That's when I realised that singing is my talent," he told Metro in an interview.

He decided to focus on music in 2013 when he began singing both afro pop and gospel, but could not record his music then.

"Even though I could not record my music in 2013, I pushed hard and recorded my first gospel album in 2016 which received much appreciation from the public," he says.

Tshitso released his first afro-pop single in 2019 titled Ke cha mpa le seatla, which received great support and appreciation from Basotho.

"In that single, I collaborated with the likes

of Juvy," he says, adding that he has since joined forces with several other artistes.

He released an afro-pop single titled Lerato la ka in April during the national lockdown, but he says the album has not received much support due to Covid-19 outbreak as he has not been able to get on the road to promote it.

"So far, I have worked with Juvy and am currently working with Selimo Thabane on another project. I would also like to work with the legendary Tšepo Tšola and vocalist Leomile Motsetsela in my music career," he says.

In the two genres that he is pushing, afro-pop and afro-jazz, he says the former is receiving more appreciation than the latter.

"Support is good in afro-pop but it's not 100 percent here in Lesotho because Basotho appreciate international stars more than local artistes," Tshitso laments.

He says local artistes are not being highly promoted by the local broadcasters because local radio stations do not have music compilers.

"In Lesotho, presenters just play the music of their choice. They are not mandated to play local music. They do not copy good things from international radio stations such as Leseli FM, which plays strictly 90 percent South African music," he says.

"My target is to be an international vocalist. I want to be an icon, so I am already working on that. I am taking baby steps because Rome was not build in one day. I set my short term goals which will assist me to achieve that long term goal," he says.

Tshitso says his career has been badly affected by the Coronavirus pandemic as music shows and events have currently been halted. "I earn a living through hosting music shows and doing live performances with my band," he says.

Like many local artistes Tshitso believes that the longer it takes for the restrictions and public health regulations related to the fight against the spread of Covid-19, there is a very thin line for development in Lesotho unless all work together to outshine the obstacles.

But, as put in his words, the fight against Corona virus cannot just simply be ignored as it is a justified war.



Tshitso in studio during recording hours

GET READY!
 nestle pure drinking water keeps you fresh for the day.
 For delivery call 111-254-254

Metro OBITUARIES + IN MEMORIAM

Tributes to family and friends

Milton Glaser

Graphic designer who created the look of the Sixties

DIED aged 91, Milton Glaser died Friday June 26 leaving a rich legacy as the man who came up with the classic I love NY logo.

It's a privilege and occasional frustration for graphic designers that they furnish the backgrounds of the lives of millions, without those millions always being aware that they have done so. So it was for Milton Glaser.

It is hard to think of any visual artist so pervasive in his influence. If you're of a certain age, you might have noticed his carnivalesque covers on the Signet Classic paperback series of Shakespeare plays, or have owned the poster he made for Bob Dylan's Greatest Hits, in which bright riotous hair bursts from the singer's austere silhouette. With the Push Pin Studios, which he helped found in 1954 with fellow graduates of the Cooper Union design school, he can be said to have created what became the look of the 60s: flowing lines, rainbow colours, strong patterns.

If you're younger, you might have come across the swirling "B" of his Brooklyn Beer labels, or his designs for the Mad Men TV series. It will have been almost impossible for anyone, of any age, in the western world not to have come across his "I love NY" motif, invented in 1976 to help lift the city out of despair of near-bankruptcy. Quite apart from the original version, there are countless imitations.

Glaser combined a deep seriousness about his own discipline with an openness to inspiration from wherever it could come. He believed in the importance of mastering the skill of drawing, which at one point he studied with the great Italian artist Giorgio Morandi. His work has, in its strength of line and the clarity of its contrasts, the virtues of Bauhaus modernism.

At the same time, he explicitly reacted against the puritanism of that tradition. He was promiscuous in his



inspirations, borrowing ideas from art nouveau, from Renaissance painting, from Islamic ornament, from pop art, from commercial culture.

For New York magazine, which he co-founded in 1968, he co-wrote the "Underground Gourmet" column, on the city's cheap ethnic restaurants. "The world is a very astonishing

place," he said in old age. "What I feel fortunate about is that I am still astonished, that things still amaze me. The possibility for learning never disappears."

He liked to tell of his childhood experience of being bedridden with rheumatic fever. "The only thing that kept me alive," he said, was his

mother bringing him a daily supply of modelling clay, which he would make into "little universes", that he would then destroy and remake. The point he took into his professional life was always to create things anew, "to keep moving and not get stuck in my own past".

Again and again, he stressed the

importance of continuing to learn. "We are all born with genius," he said. "It's like our fairy godmother. But what happens in life is that we stop listening to our inner voices, and we no longer have access to this extraordinary ability to create poetry."

In his work, everything his animate. Letters take on the qualities of living beings. Characters had character. In *The Alphazeds*, a children's book that he made with his wife Shirley, the alphabet becomes a series of personalities, progressively joining a party in what starts as an empty room.

It is this attitude that makes the "I love NY" emblem, where type and the heart symbol work together, so successful. It also went with a strong sense of humanity and ethics. The logo itself he did pro bono, as he believed in the cause of reviving the city.

In his essay "12 Steps on the Graphic Designer's Road to Hell" he deplored the abuse of design for such things as "a diet product that you know doesn't work".

He described art, including graphic design, as "a passing on of gifts", a way of putting something into the world that people can share, "a device to stop people killing each other". The way to know if a particular job was good, he said, was to ask whether working with the client made you feel happy at the end of the day.

Milton Glaser was an archetypal New Yorker, born in the South Bronx to immigrants from Hungary, and spent most of his life in the city. His love of the melting pot, of the human energy of the city's streets, shines through in his work, but his achievements spread far from there. They came from his ceaseless curiosity and energy. "None of us really has the ability to understand our path," he said, "until it's over."

Guardian

RUSH-HOUR DISCOMFORT?

HEARTBURN?

INDIGESTION?

Fast Powerful Relief

GAVISCON

DOUBLE ACTION

Tablets Sodium alginate Sodium bicarbonate Calcium carbonate

Heartburn & Indigestion

USE ON THE GO

FAST DUAL RELIEF. LASTS UP TO 2x LONGER THAN ANTACIDS

For heartburn and indigestion. ALWAYS READ THE LABEL.

UK/G-OTC/0314/0021

Stainless steel straw

... The best reusable straws for your eco-friendly adventures

STAFF REPORTER

The stainless straw comes in different sizes and shapes for various drinks - because some straws are better than others.

You can choose to buy a bend or straight straw for varying lengths that range from 8-inches to 10.5 inches. It gives you a pleasant drinking experience for all sizes of cups. It also comes with a carrying pouch and two scrubbing brushes. This is a great new product on the market that will give you value for your money.

Re-usable stainless steel straws are a sleek and eco-friendly adding to the fight against single use plastic straws. These are the perfect alternative to enjoying your favourite beverage. Use warm soapy water to clean the straws as well as the cleaning brush.

These eco-friendly stainless steel reusable drinking straws are made from lightweight, long-lasting and recyclable stainless steel. They can be reused for years and years, making them a sustainable alternative to disposable straws.

Credit to their features: they strong and durable, modern, lightweight design, safe for all types of foods and beverages, especially smoothies, milkshakes and pulpy juices.

They are a waste-free, recyclable must-have for green consumers, easy to clean, non-toxic and free of harmful chemicals found in plastic straws and above all they retain drink temperature for longer.

Made of 18/8 stainless steel, they will not rust, bend or break - say goodbye to soggy straws (i.e. paper straws). Does your toddler always bite straws? These keep their shape! Great for travel and dishwasher friendly.

Some companies have agreed to either phase out or entirely get rid of plastic straws in response to the demand. And some restaurants have resorted to using paper straws, bamboo straws, or even bucatini pasta [a noodle with a wide hole in it] to substitute for plastic straws. The call to ban plastic straws is part of a greater conversation about single-use plastics: that coffee cup you get from a store that comes with a plastic lid and sleeve is usually not recyclable. All that trash ends up in a landfill, and unfortunately, can also land in our oceans.

There are a number of these new stainless steel straws based on their durability, ease of portability and cleaning - it's not very sustainable to keep buying new straws because they. If you forget to put your straw in your bag because the case doesn't clip on, or if your straw languishes by the sink because you're too lazy

to wash it by hand, it's as good as not even having one. Ultimately people want these straws because they want to feel like they're making a good choice for the environment, and we're showing you the ones that will be easy to use, clean, and store, so you'll be the most likely to use them.

In the market there are: reusable silicone travel straw, a lightweight and portable silicone straw in cute colours, with a clip-on carrying case. This is a very flexible silicone straw that comes in two very cute colourways: pale yellow and the ever-ubiquitous "millennial pink." The straw comes in a small plastic carrying case that has a little clip for your bag.

There is also the final straw, the stainless steel straw that inspired many knockoffs, it folds up into a carrying case and comes with a cleaning brush. It has a host of innovative features, which have been subsequently knocked off by other reusable straw manufacturers. The straw folds up into a sleek, metal carrying case that has a keyring.

The klean canteen straw set, a stainless steel straw with a silicone tip from the company that makes your favourite water bottle means that you can sip hot or cold beverages, and the silicone mouthpiece gives you a comfortable drinking experience [because who



wants to feel like their mouth is being stabbed while drinking a smoothie?]

The koffee straw is a skinny straw that delivers liquid past your teeth into your mouth, so they won't be stained by coffee or red wine.

Unlike some of the other straws on the list, it's very thin so it can fit in the tightest of drink spaces, like a coffee cup lid. And while it does not come with a case, you can fold it up when you're done.

Tencent buys assets of struggling streaming platform iFlix

SHIRLEY ZHAO, YOOLIM LEE AND ZHEPING HUANG

Chinese internet giant Tencent is buying certain assets of iFlix, a struggling streaming platform with about 25 million users focused in South and Southeast Asia.

Tencent will acquire iFlix's content, technology and resources, expanding its geographic reach in a key area of growth. The Chinese company will not take on iFlix's debt, according to people familiar with the

matter, who requested anonymity because they are not authorised to speak publicly about the deal.

"This is in line with our strategy to expand our international streaming platform. WeTV, across Southeast Asia and provide users with international, local and original high-quality content in a wide range of genres and languages," Tencent said in an e-mailed statement.

The Covid-19 pandemic has led to a plunge in advertising, wreaking havoc on the media industry and

iFlix. The firm, founded in 2014, now operates in about a dozen South and Southeast Asian countries after exiting markets in the Middle East and Africa. It's not only competing against global streaming giants such as Netflix Inc., but also Chinese platforms seeking to expand in the region such as iQiyi Inc. and Tencent.

While streaming on the platform doubled during the outbreak, the Kuala Lumpur-based company cut about 50 staff earlier this year. It had to shelve an initial public offering in

May, and some of its directors and co-founders have stepped away, one of the people said.

Tencent will initially run iFlix as an independent brand, but the goal is to merge it with its own WeTV streaming platform, which targets users outside of China, the person said.

iFlix's rival, Hooq, also ran into trouble during the pandemic. The company, majority owned by Singapore Telecommunications, filed for liquidation in May.

Tencent is reportedly interested in acquiring a substantial stake in iQiyi, a rival in the China market. Consolidating ownership of streaming platforms may help Tencent contain the cost of content,



which has squeezed margins in the business. Bloomberg

OPENING
JULY
08
WEDNESDAY
14:00

CLOSING
JULY
10
FRIDAY
10:30

MULTI BANK

Timed Online Vehicle Auction

Africa's favourite auctioneers

TRUCKS, TLB's & EXCAVATOR

- '15 UD Trucks Quester CWE 370 Truck
- 2x Komatsu WA 320 Front End Loader TLB's
- Hyundai Robex 320 LC Excavator

MINING EQUIPMENT

- 2x Concentrate Bins
- 3x Feed Bins
- Feeder
- 2x Conveyors
- Screen Stand & Vibrator Motors
- 6 Foot Pan, Oil sif & Feedback Mobile Buckets

12x BAKKIES, SUVs & CARS

- '19 Toyota Corolla Quest 1.6 Plus
- '19 Polo Vivo 1.4 Trendline
- '18 Nissan Navara 2.3D LE 4x4 A/T D/Cab
- '18 Isuzu KB 250D-Teq Hi X-Rider 4x4 D/Cab
- '17 Toyota Hilux 2.0 VVTi S S/Cab
- '17 Toyota Hilux 2.4 GD-6 SRX 4x4 D/Cab
- '16 Toyota Hilux 2.4 GD S/Cab - Non Runner
- '16 Toyota Corolla Quest 16 Plus
- '15 Hyundai ix35 2.0 Executive
- '15 Nissan NP200 1.6
- '14 Ford Ranger 3.2TDCi XLT D/Cab
- '12 Geely LC 1.3 GL Cross

Venue: Florida Industrial, Ha Hoohlo, Next to Metro Newspaper, Maseru, Lesotho

For more info visit: www.aucor.com Viewing Day: 26 February from 09:00 - 16:00 Enquiries: +266 627 83610

Conditions: Each buyer has to be registered in order to bid. A refundable registration deposit of **M10 000** is payable upon registration. Payment by bank or bank guaranteed cheque or EFT. No cash! Duty payable at border. Subject to change without prior notification. **Auctioneer:** Online.

Harmony raises \$200m in share sale

TANISHA HEIBERG

Harmony Gold raised \$200 million (M3.4 billion) after issuing more than 60 million new ordinary shares to partly fund its purchase of rival AngloGold Ashanti's last remaining South African assets, the company has said.

Harmony agreed in February to buy AngloGold Ashanti's Mponeng mine, the world's deepest gold mine, and its Mine Waste Solutions assets for about \$300 million.

The deal will make Harmony

South Africa's biggest gold producer.

Harmony said it issued 60,278,260 new ordinary shares at a price of R57.50 per share, representing around 11% of the company's issued ordinary share capital before the placing.

"We intend replicating our success in South Africa, with decades of acquiring, operating, and extending the life of mines, and extracting additional value from mining operations," said Harmony CEO Peter Steenkamp. Reuters

Halo Labs quarterly revenue down 49% after factory shutdown

TEREZA ELIZABETH PUSCA

Cannabis manufacturer Halo Labs reported a 49% slump in revenue to about \$4.5 million (M76.5 million) in the first quarter of 2020 compared with the same period last year.

Halo said it aims to close its Bophelo acquisition this year and further develop its Lesotho business.

A key driver of the decline was the shutdown of operations in Cathedral City, California to conserve working capital after a series of vape-inflicted lung injuries, the Toronto-based company has said in a statement.

Halo Labs saw a 35% increase in grams sold across its products, yet the gain was tilted toward flower, which sells for a lower average price

than oil or shatter, the firm said.

As of March 31, Halo had a working capital surplus of \$8.8 million and cash of \$3.8 million. The company aims to control costs and preserve cash by paying senior management in stock, and said that it had issued share-based payments to contractors and suppliers in lieu of cash. Bloomberg



Fastback 9 Strip/Tape Binding Machine - FB9

Condition: Brand new. Was bought in 2018 and only used once to bind samples.

Specifications: 3.5 times faster than traditional punch-and-bind systems. Binds both soft and hardcover books. 250 sheet binding capacity. Machine Dimensions: 19.5"W x 11"H x 13"D. Maximum weight: 17 lbs (7.7 kg). Spine Lengths: 8.5", 11", A4, A5. Spine Thickness: Narrow, Medium.

Application: The Powis Fastback 9 binding machine is one of the most compact and affordable systems on the market. With a footprint of just 13" x 19.5", it's a perfect choice for even the smallest work desks, whether in a copy shop or at home. The Fastback 9 is suitable for both tape binding and hardcover book binding, and has a binding time of 35-45 seconds - 3.5 times faster than traditional punch-and-bind systems.

Price: POA

The equipment will be sold to the highest bidder. For viewing, and in order to place your bid for this equipment, please contact the owner:

WhatsApp: +266 5180 1574

Upgrade your homestead for less.



If you're not 100% happy with your purchase, we'll #paybackthemoney.

takealot.com
GREAT STUFF @ GREAT PRICES

The company that was known as **Botha-Bothe Artifacts** in Botha-bothe is going to be changed to **Evergreen Brooms Hats & Baskets PTY Ltd.**

Please contact **56217088** or **58457902** for more information.

NOTICE OF LOST LEASE

Notice is hereby given that I intend to apply for a certified copy of a registered Title Deed/Lease to immovable property registered under No: **13264-004** on the **27/02/1991** in favour of **Tsautse Magelepo**. In respect of every right or interest on and to the building(s) and other developments express or implied in certain plot No. **13264-004** situated at **Khubetsoana Maseru Urban Area** on Plan No: **13264**. As held by the chief surveyor.

All persons having objection to the issue of the said copy are requested to lodge such in writing to the Land Registrar within three weeks from the last publication of the notice.

Contact numbers: **6712 4095**



ONLINE TRUCK & PLANT AUCTION

30 JUNE - 2 JULY 2020

PREMIER AUCTIONEERS OF COMMERCIAL, EARTHMOVING AND MINING EQUIPMENT





Be Car-Smart

Be patient during the break-in period

You've bought your dream car and now you want to make it last as long as possible in top condition. Here are some things to remember as you pull it out of the dealer's lot:

During the break-in period, typically the first 1,000 miles (1,600 km), keep your speed under 55 mph (88 kpm) or to the speed recommended by your car's manufacturer. Avoid heavy loads on the drive train, such as towing trailers, and loading the roof rack or trunk with heavy construction materials.

Do not allow your new car to idle for long periods - this is good advice for the life of your car, but especially during break-in. The oil pressure generated by doing so may not be sending oil to every part of your engine.

Use only light to medium acceleration, keeping the engine rpms below 3,000 for the first few hours of driving.



Fourth-generation KIA Carnival revealed

KIA Motors Corporation has revealed first images of the new KIA Carnival, the fourth generation of the brand's flagship minivan. Released in Korean specification, the new KIA Carnival – sold in many markets worldwide as the KIA Grand Sedona – has been designed to appeal to progressive young families, with a leading combination of innovation, flexibility, and style.

Dubbed a 'Grand Utility Vehicle', the new model boasts a design evolution for the Carnival. The fourth-generation model builds on its predecessors' heritage with a more architectural sense of solidity and an upgraded appearance that draws on the overarching design ethos that links all KIA cars' design identity. Matched with highly detailed, futuristic, and SUV-inspired design elements, the new model brings a stronger, more stylish presence to the mid-sized MPV segment.

The new Carnival features a shorter front overhang, with the base of the A-pillar moved backwards to create a longer hood. Its increased wheelbase also contributes to greater space throughout the cabin, while giving the car a longer, slightly more athletic silhouette. The result is a side profile that reveals the Carnival's more dynamic DNA.

This is emphasized by a simple yet bold character line which runs along the length of the car, linking the front and rear lamps. Beneath this

clear line, the Carnival features a more prominent sense of volume to its bodywork, with bold wheel arches and sharp lines along the body giving it a more sculpted appearance.

The new model features a unique 'island roof' design, with blacked-out A- and B-pillars supporting the body-coloured roof. From the side, one of the new car's stand-out features is an eye-catching new C-pillar signature design, inspired by that of the new Sorento. The chrome fin, which wraps beneath the tapered rear windows and extends towards the tailgate, is finished with a subtle diamond pattern that is also reflected throughout the inside of the car.

The Carnival features a new 'tiger face' which extends across the width of the vehicle. This confident, more futuristic face seamlessly integrates lamps with KIA's iconic 'tiger-nose' grille. KIA's designers have dubbed this 'symphonic architecture', with the design of the front bringing together a range of detailed, technical features to create a sense of harmony and structural energy. The grille and lamps are defined by their high-tech, high-precision details, with chrome trim above the grille and forming its own character line around the face of the car. The castellated edge of the upper grille is paired with perpendicular creases which extend straight up the hood, creating a more purposeful look when viewed head-on.



Innovation that excites

THE ALL NEW NISSAN MURANO YOUR LIFE IS GAINING HEIGHT

Rhythm



Jaguar I-PACE electric taxis on world's first wireless high-powered charging rank



The taxi then receives multiple charges throughout the day on its return to the rank, maintaining a high battery state of charge and the ability to remain in 24/7 service without driving range restrictions.

The Oslo ElectriCity partnership is part of Jaguar Land Rover's ambition to make societies healthier and safer, whilst reducing emissions. Delivered through relentless innovation to adapt its products and services to the rapidly changing world, the company's focus is on achieving Destination Zero, a future of zero emissions, zero accidents and zero congestion.

Prof Sir Ralf Speth, Jaguar Land Rover Chief Executive, said: "We're extremely proud of our track record in electrification and we're committed to making electric vehicles easier to own and use. The taxi industry is the ideal test bed for wireless charging, and indeed for high-mileage electric mobility across the board.

The inherently safe, energy efficient and high-powered wireless charging platform will prove critical for electric fleets, as the infrastructure is more effective than refuelling a conventional vehicle.

We're delighted to be part of ElectriCity and to continue to lead the field in electric vehicle technology. This is a great step forward to reaching our Destination Zero mission."

Oslo will be the world's first metropolitan area to install wireless, induction-based high-powered charging stations for electric taxis, in a bid to make its cab system emission free as early as 2024. Norway wants to go even further however and is mandating that all new cars sold in the country by 2025 are zero emission.

Arild Hermstad, the City of Oslo's Vice Mayor for Environment and Transport, said: "We're delighted to welcome private enterprises to help us to turn our vision into reality.

"As part of our commitment to reducing emissions by 95 per cent before 2030, we have put many exciting measures in place, but transport continues to be a key challenge. By improving infrastructure and providing better charging to the taxi industry, we are confident that by 2024 all taxis in Oslo will be zero emission. To reach our goal, the public sector, politicians and private enterprises must come together, as we do in this project."

Jaguar Land Rover has agreed to support the City of Oslo with the world's first high-powered wireless taxis.

In a programme known as 'ElectriCity', the global vehicle manufacturer will join Nordic taxi operator Cabonline (NorgesTaxi AS), the region's largest charge point operator Fortum Recharge, US technology developer Momentum Dynamics and the City of Oslo to build wireless, high-powered charging infrastructure for taxis in the Norwegian capital.

The project will be the first wireless high-powered charging system for electric taxis in the world and by providing a charging infrastructure model that can be implemented almost anywhere, it will help the rapid adoption

of electric vehicles globally.

Fortum Recharge, who will be supporting the installation and electrification of the project, identified the need for a more efficient charging experience for taxi drivers in Oslo and enlisted the support of Momentum Dynamics in integrating the wireless charging infrastructure.

Jaguar Land Rover will provide 25 Jaguar I-PACE models to Cabonline, the largest taxi network in the Nordics. The brand's performance SUV has been designed to enable Momentum Dynamic's wireless charging technology, making it the ideal vehicle to drive the initiative. A team of engineers and technicians from both Momentum Dynamics

and Jaguar Land Rover were engaged to help in testing the solution, and Cabonline signed up to operate the fleet as part of Oslo's ElectriCity programme.

For usage efficiency, Taxi drivers need a charging system that does not take them off route during their working hours. Multiple charging plates rated at 50-75 kilowatts each, are installed in the ground in series at pick-up-drop-off points. This allows each equipped taxi to charge while queuing for the next fare. The system, which uses no cables and is situated below ground, requires no physical connection between charger and vehicle, engages automatically and provides on average 6-8 minutes of energy per each charge up to 50kW.

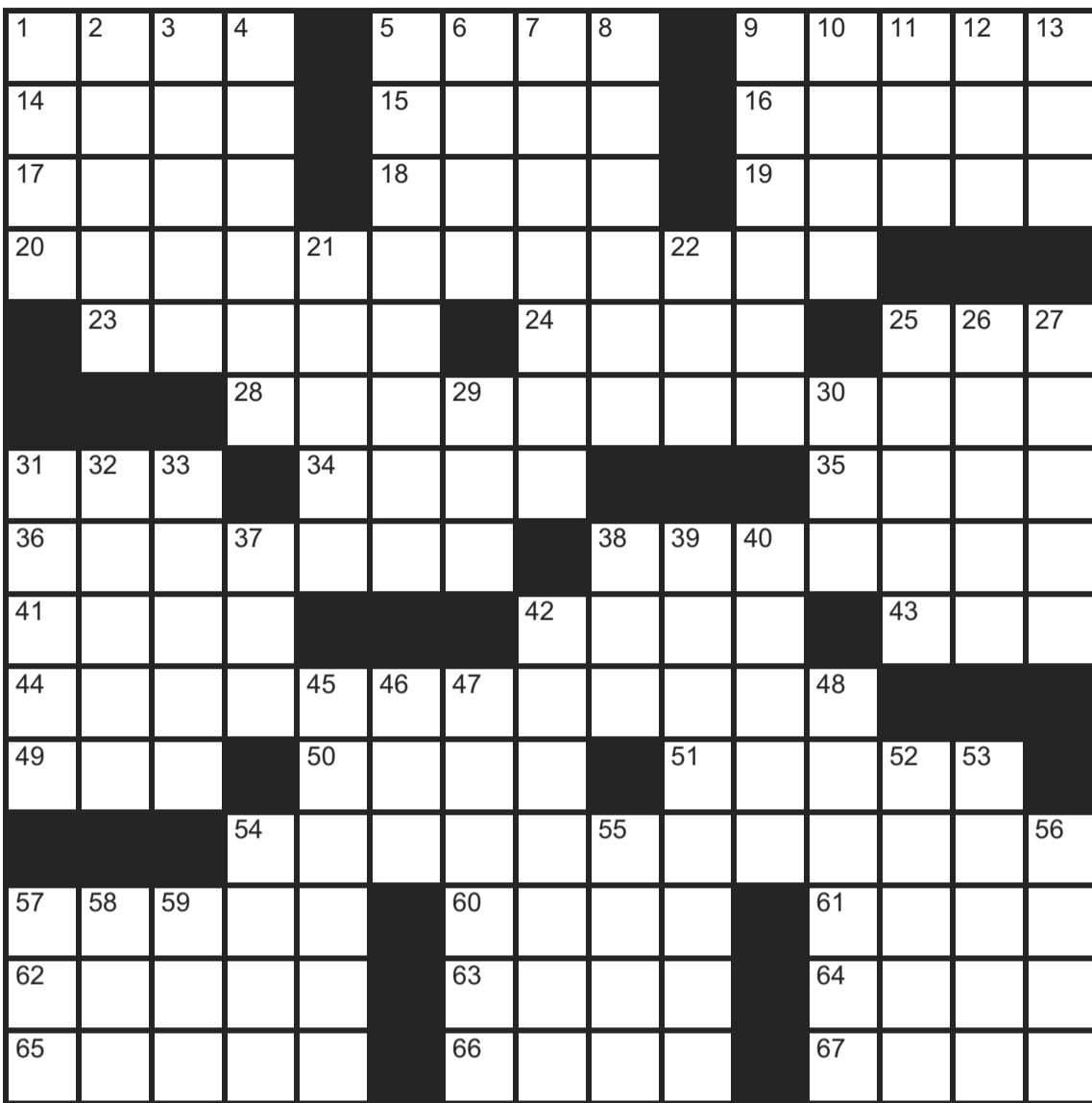
Zero Emission



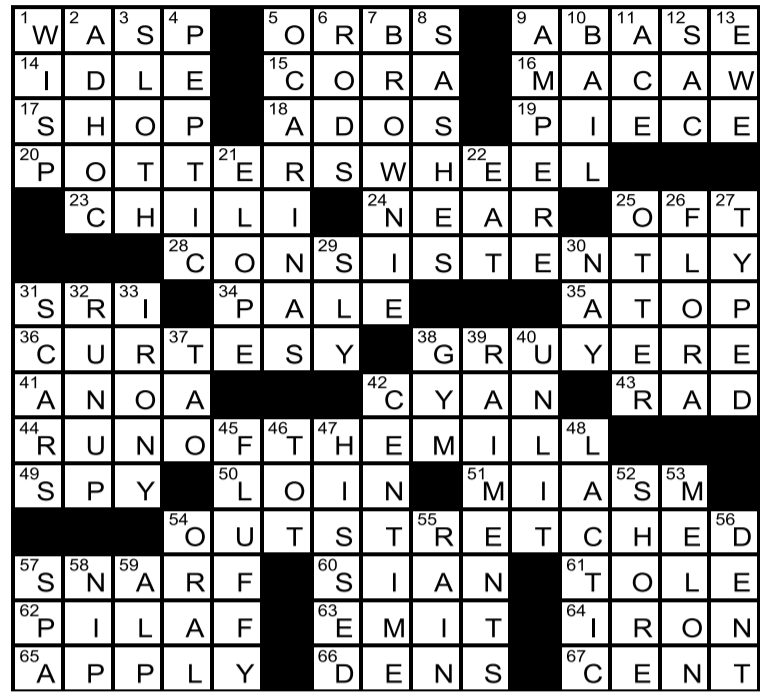
THE 100% ELECTRIC NEW NISSAN LEAF.
YOU'LL KNOW IT WHEN YOU FEEL IT.

Zero emissions | Connected car | Unique driving experience
Test drive the new Nissan Leaf. Find out more at nissan.com

General Crosswords



Last Week's Solution



- 13. Layer
- 21. Safari sight
- 22. "___De-Lovely"
- 25. Elite military unit
- 26. Lake Volta locale
- 27. Flower with a showy head
- 29. Compete (for)
- 30. Mischief-maker
- 31. Trading places
- 32. Become accustomed (to)
- 33. Wood gum
- 37. Blokes
- 38. Drivel
- 39. Zingers
- 40. Last letter
- 42. Golfer's distance tool
- 45. Lento
- 46. "Casablanca" pianist
- 47. Unpretentious
- 48. Glean
- 52. Downy duck
- 53. Corporate department
- 54. Ring up
- 55. Bank deposit
- 56. Sort
- 57. Beatnik's exclamation
- 58. Polished off
- 59. Bully

- Across**
- 1. One who crosses the line?
 - 5. Brewer's kiln
 - 9. How animals drink
 - 14. Domestic
 - 15. Greek salad ingredient
 - 16. Tennyson poem
 - 17. Notable times
 - 18. Scuffle
 - 19. A mile a minute
 - 20. Biker
 - 23. Print
 - 24. Japanese stringed instrument
 - 25. Turkish title
 - 28. Metal artisan
 - 31. Combine
 - 34. Film genre
- Down**
- 1. Flower holder
 - 2. Noel
 - 3. Stradivari's teacher
 - 4. Stupefies
 - 5. Indelicate
 - 6. Ethereal
 - 7. Laborer who builds a pile
 - 8. 12th U.S. President
 - 9. Svelte
 - 10. Mine entrance
 - 11. Eucharist vessel
 - 12. Final: Abbr.
- Across**
- 35. Butcher's stock
 - 36. "Alice doesn't live here"
 - 38. Tank contents
 - 41. Reign
 - 42. Disable
 - 43. Blemish
 - 44. Shifted to go further
 - 49. Hill person: Abbr.
 - 50. Glorify
 - 51. Cyma reversa
 - 54. Provisions
 - 57. Avian chatterbox
 - 60. No angel
 - 61. Without purpose
 - 62. Reef ring
 - 63. Kind of wolf
 - 64. Political second banana
- Down**
- 65. Afresh
 - 66. Brings to a close
 - 67. Gaelic language

So You Think You are Genius

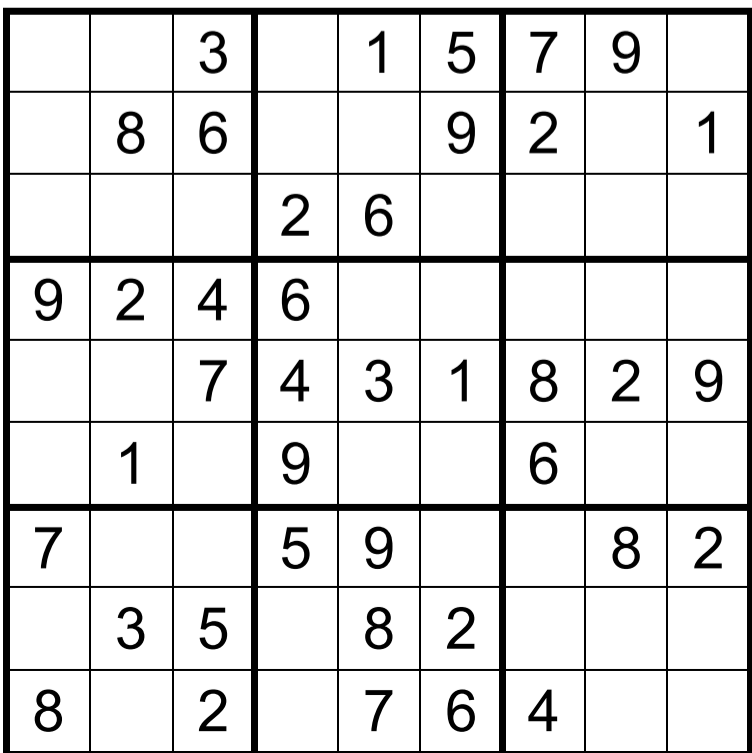
Question (Answer next week)

Below, 10 nine letter words have been broken into chunks of three letters.

These chunks have been mixed up, no chunk is used twice and all chunks are used. Can you determine what the 10 words are?

- rbr tim sag tel lig ent
- hea dli ble whi htn fer
- car age esc ing ind wat
- til hai ush dif eta new
- rlw all erf ope ent ght

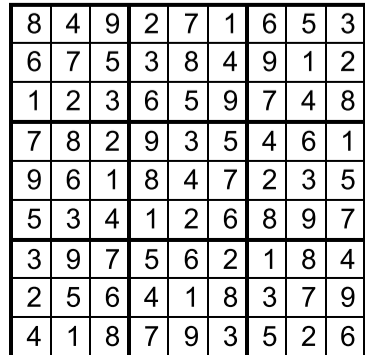
Sudoku Puzzle



Fill in all the squares in the grid so that each row, each column and each 3x3 square contain all the from 1-9

This is the Quick Sudoku for the solver in a hurr: target time, ten minutes.

Last Week's Solution



Last Week's Answer

A hyena.



Sports leader with a big heart

It is quite rare in the Mountain Kingdom to have a mere 35-year-old holding the position of chief executive officer in a big organisation like the Lesotho Sports and Recreation Commission (LSRC).

But that is the route the administration of the sports mother body took in appointing Teboho Malataliana (TM) as its acting CEO following the departure of Sechaba Mokhameleli late in 2019.

In this heart-to-heart interview with the Metro correspondent Mikia Kalati, Malataliana opens up about his journey working for the LSRC.

Metro: Ntate Malataliana, thank you for taking time from your busy schedule to talk to us. Please briefly tell us who Teboho Malataliana is.

TM: I was born in 1985 in the Mafeteng district. I attended primary school at the Maseru LEC before I proceeded to Khubetsoana High School where I did my high school education. I hold a Bachelor of Commerce Degree from the National University of Lesotho (NUL).

I used to play both cricket and volleyball. I am married man with two kids. I am currently the acting CEO of LSRC. I am also a board member of both the Maseru 2020 Games Local Organizing Committee and the Maseru 2022 African Youth Games Local Organizing Committee. I also serve in several sports working committees.

Metro: You were handed the responsibility to lead the LSRC as the acting CEO following the departure of Mr Mokhameleli in 2019. What can you tell us about leading one of the biggest sports organisations in Lesotho?

TM: The job looks easy from afar – drive the strategic plan of the organisation. And how do you do that? You need to coordinate all stakeholders to go in the same direction. You need interpersonal skills, it's not about you anymore... now the goal is bigger than you! Sometimes it is stressful. There are not enough resources.

What good is an anchor if he can't get the ball? That immediately tells one that it is not business as usual. Change has to be done. And that's where team work comes in. you need to give support as well as to receive it from both the bosses and the colleagues. The biggest challenge is winning the trust of sponsors to invest in sport.

Metro: According to our research, you have also made history by becoming the youngest CEO of LSRC? How do you feel about that?

TM: We have had different people in that office all in an endeavor to push the mandate of the LSRC. And I must remind you of the popular saying that age is nothing but a number... hahaha. Mr. Phelane Phomane has acted in this office some years back and he was also relatively young at the time.

Metro: It is very rare for people your age to be given such huge responsibilities. Would you encourage more institutions to follow suit?

TM: Absolutely! There is much energy at a certain age range to do work and there is more room for action with less fear of risk that is how one gets experience – by doing. Don't get me wrong, I'm not saying old people are useless at the helm of any organisation.

What are important are people with good experience and the energy to do the job. If that could be practiced in government ministries, hopefully we would rapidly see change in service delivery. But most private companies are already doing that... and prospering.

Metro: Would you accept the position if your bosses were to offer you the job on a fulltime basis?

TM: There is much work to be done in that office. LSRC was enacted by Act of Parliament – Lesotho Sport and Recreation Act 2002, and its annual subvention is rapidly declining. The LSRC has to be financially independent. That is the goal that we are working towards achieving and I will support whoever is at the helm to achieve it.

As much as the LSRC CEO is appointed by the Minister through the recommendation of the Commission, good labour practices must be followed. The vacant post must be open to any Mosotho national who is competent and qualified to do the job.

Metro: How did you end up working for LSRC?

TM: I was temporarily employed by the Lesotho



Revenue Authority (LRA) when out of the blue I received a phone call from LSRC asking me to attend a meeting at 5pm. When I arrived at the meeting later that day, I met three gentlemen and on the table was a copy of my CV. Little did I know that I was attending an interview for yet another temporary position. The LSRC needed someone to implement the Tax Rebate mechanism so they had requested three CVs from LRA for the job.

I got the job immediately thereafter though it was made clear to me that it was only temporarily. The contract is renewed time and again, giving me the opportunity to better improve performance and contribute towards achieving the goals of the organisation. Then there was a vacant position, which was advertised, I applied, got the permanent job and now here I am eight years later.

Metro: What has the journey been like working in the sports industry?

TM: The sports industry has given me an opportunity for growth and I'm learning every day.

Everyone wants to be part of the winning team and being here watching and feeling how "organised" sport has to literally beg for everyone's (government and sponsors) attention when it comes to funding that is needed to develop sport in this country which in essence helps Basotho to earn a living through sport, yet every December many MPs hold community games and give away price monies (once a year).

Those are the real frustrations. But there are plenty of milestones to point.

Metro: Sports like other industries has been hit hard by the Corona Virus pandemic. What is the way forward and will it be easy to pick up the pieces?

TM: It will definitely not be easy to pick up the pieces. The LSRC serves 36 National Sports Associations (NSA) with many being amateur sports bodies and only a few semi-professionals. Corona Virus is not the first blow to hit both NSA and the LSRC. The past financial year has been the hardest ever! No funding was given to NSA to run programmes.

I can count only a few NSA that continued with their activities (sourcing funding from sponsors and international federations). But many have since stopped their activities. Now Corona Virus has forced everyone to stop completely. It is a threatening situation to a few NSA that have sponsors. As the corona virus infections rise in Lesotho, it means delay in re-opening competitions and competitions are the target of sponsors. We are already advocating for policy change as a strategy to ensure the survival of sports.

Metro: Lesotho is the host of the 2020 AUSC games. Should the games still take place or be postponed due to the disruptions brought by the Corona virus?

TM: Health is a priority. We need a safe and stable environment for the games to be held. We sing the same tune with member-countries that sport is a unifier of society and nations but health is more important.

If the games are to continue in December, it would mean all 10 countries would have allowed international travel to resume, all countries would have to quarantine and test teams prior to departure to Lesotho, and run several tests before the games, during the games and after the games... and all

(end-users), they will not in any way have return on investment as they will simply not be used for sports. To build new sports infrastructure is the responsibility of the government.

Such developments need to be planned and budgeted for, and change of regime does not necessarily demand change of plans but need induction and carry on with the much needed speed and efficiency in order to achieve the already existing goals. It is true that the new government may have a different policy direction, but Sesotho se re thebe e sehlooa holim'a e 'ngoe... loosely translated to mean 'no need to re-invent the wheel'. Lesotho is known for its high altitude and that is a better advantage to our athletes competing outside the country. Having sports facilities that meet international standards will attract more foreign teams to camp in Lesotho and thereby contributing to the economy of the country.

Metro: Lesotho has over the years struggled to make an impact competing in major international competitions such as the Olympics and Commonwealth Games. What do we need to do as a country to get better results in these competitions?

TM: We need to focus and prioritize. Have a clear plan, say in 2032 Games we need at least four gold medals from the Olympics. Is that possible? Yes it is. Invest in Podium Performance Programme (PPP). It has been proven that individual sport codes rank high in winning medals as opposed to team sports. Currently, PPP focuses on athletics, taekwondo and boxing. With proven history for the aforementioned sport codes to win medals, that is where we must invest.

Metro: Lack of sports infrastructure continues to haunt Lesotho to this day. What can the new government led by Dr Moeketsi Majoro do to improve this situation?

TM: Either Lesotho hosts regional/international games or not, we need sports facilities that meet international standards. Our teams need to practice on the same facilities as the ones they will be competing on elsewhere in the world.

Get it right the first time! Any infrastructure is an investment to the country. But sports facilities are a bit sensitive in that, if they get constructed without consultations with the relevant stakeholder

MUSICA ENTERTAINER

SAVE 200 on headphones & speakers

NEW amazon

2 FOR 500

SAVE 100

HUGE SAVINGS on headphones & speakers

TV SERIES for only R150

MUSIC 100's of CD's from R20

BOARDGAMES & more to keep you busy

11 JUNE - 20 AUGUST 2020

OFFERS VALID WHILE STOCKS LAST. VISIT WWW.MUSICA.CO.ZA

MUSICA BE ENTERTAINED

News in Sports

■ Lesotho Volleyball Association (LVA) publicist Buller Phalatse, says the LVA executive committee held a meeting last week which was meant to create a document on strategies of how the association would work to combat Covid-19 upon resuming the games. The strategies include screening players, sanitizing them and disinfecting the playing equipment. The committee also created a draft plan of when and how the games would be played this year. The committee according to Phalatse is yet to present the plan to the LVA mid-term review meeting to be held on dates to be discussed. At this meeting, LVA executive committee also appointed Masoli Khoanyane to serve as the vice secretary general and Lehloa Ramotšho as a member of the executive committee as of June 14, 2020 until February 2021.

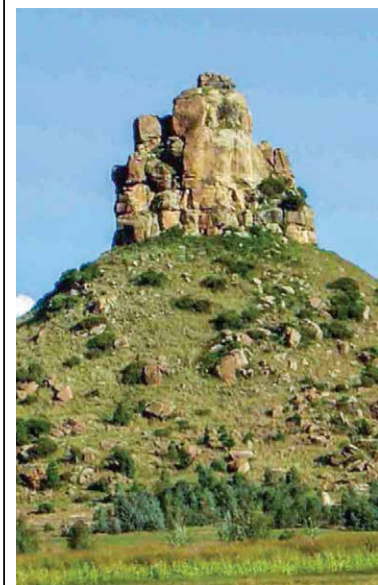
■ DIFA Leribe released a statement giving its position with regards to supporting the current Lesotho Football Association (LeFA) executive committee. In that,



the executive committee of the body showed it has observed that there are certain media houses that have made allegations that DIFA Leribe is divided in terms of its support to the current national executive committee of LeFA. The statement firmly confirmed DIFA Leribe's 100percent support of the national executive committee of LeFA. The committee further showed it was elected into the office to make decisions on behalf of the football family in Leribe. DIFA Leribe is currently led by Khiba Mohoanyane (pictured) as its president.

■ DIFA Berea elected its executive committee on June 27. The new committee comprises president Mothoalo Mothoalo, first vice President Lekhooa Thabaneng, second vice President Møeketsi Mafika Raseeke, Public Relations Officer Møeti Tlele, members include Kenny Mohoanyane, Jacob Thebe, Mohançe Molupe and Teboho Molato.

National Weather



MASERU		
FRIDAY	SATURDAY	
	18°C / -1°C	
18°C / -1°C	SUNDAY	
	21°C / 0°C	
MAFETENG		
FRIDAY	SATURDAY	
	13°C / 2°C	
12°C / 2°C	SUNDAY	
	18°C / 1°C	
MOHALE'S HOEK		
FRIDAY	SATURDAY	
	13°C / 2°C	
12°C / 2°C	SUNDAY	
	18°C / 1°C	
QUTHING		
FRIDAY	SATURDAY	
	17°C / -2°C	
17°C / -2°C	SUNDAY	
	21°C / -1°C	
QACHA'S NEK		
FRIDAY	SATURDAY	
	20°C / 5°C	
18°C / 1°C	SUNDAY	
	24°C / 2°C	
THABA TSEKA		
FRIDAY	SATURDAY	
	11°C / -1°C	
11°C / 0°C	SUNDAY	
	17°C / -1°C	
MOKHOTLONG		
FRIDAY	SATURDAY	
	15°C / -6°C	
15°C / -6°C	SUNDAY	
	22°C / -7°C	
BUTHA BUTHE		
FRIDAY	SATURDAY	
	14°C / 2°C	
14°C / 2°C	SUNDAY	
	22°C / 1°C	
LERIBE		
FRIDAY	SATURDAY	
	19°C / -4°C	
19°C / -3°C	SUNDAY	
	24°C / -3°C	
BEREA		
FRIDAY	SATURDAY	
	14°C / 1°C	
14°C / 1°C	SUNDAY	
	20°C / 2°C	

Innovation that excites

NEW NISSAN JUKE TESTED TO THRILL

Rugby federation donates food parcels to players

TEBOHO JAFETA
sports@maserumetro.com

MASERU - The Federation of Lesotho Rugby (FLR) will be distributing food parcels to rugby players who are less fortunate on Monday July 6 at Setsoto stadium.

In an interview with Metro, FLR Secretary General Litšitso Motšeremeli said it was not easy for them to push this initiative because sport in Lesotho is still considered as recreational.

"Upon being elected to office as the executive committee, we decided to turn rugby into a professional sport. Rugby is now played by both rich and poor people, so we found the need to assist vulnerable players who are affected by the Coronavirus pandemic.

"Upon sports being halted, we wrote to Rugby Africa and requested to use international matches' funds to buy food parcels and donate to our players during this difficult time. CAF approved the request and released the money, hence we afforded to do this project," he said adding the assistance is meant for players and

coaches who are not working.

The Rugby federation will also be assisting members of the five families who lost their children during the June 22, 2019 car accident. He further said the eight players who survived the accident will also receive aid.

"We chose to use Setsoto stadium because it is the central to all villages in Maseru, and it is open in that way, we will easily observe social distancing of leaving two metres between each other," he said.

Motšeremeli said this will be the first event where FLR donates food parcels to players as the association though their sponsors assisted families of the deceased players with funeral and other related costs last year.

"We assisted families of the five deceased rugby players through Econet Telecom Lesotho, Matekane Group of Companies (MGC) and Lesotho National Insurance Group (LNIG) as our sponsors," he added.

He said the fact that rugby is considered a high risk sport, the federation decided to play tug rugby and leave the normal rugby when sports activities get back to action.

"In rugby, we have tug rugby which is mainly played by children. In this type of rugby, there is no direct contact of players when playing, so we would play this rugby as a way of minimizing the risk of Covid-19 infections," he said.

He further mentioned that the federation



FLR sec gen Litšitso Motšeremeli

has already bought sanitizers and screening equipment to use on Monday and in future when sporting activities resume.

According to Motšeremeli, the rugby federation was the first association to submit proposals for activities resumption when the Lesotho Sports Recreation Commission (LSRC) asked federations to submit such proposals.

"Upon arrival at the LSRC, we were notified that we were the first federation to submit such a proposal," he said.

NECC to formulate safe strategy for sports resumption

TEBOHO JAFETA

MASERU - The minister of Gender, Youth, Sports and Recreation Likeleli Tampane says her ministry has requested the Ministry of Health through the National Emergency Command Centre (NECC) to formulate a safe strategy for sports resumption.

Speaking on national television, Tampane said the government through sports ministry is aware that sports activities have since stopped due to the Covid-19 pandemic.

"We are aware that sports activities have stopped since March due to the Coronavirus pandemic," she said.

She said the fact that the government allowed other sectors to resume with their activities, players also wish to resume training and playing their respective sports.

"This is raised by the fact that several sports federations are lodging requests every day at the ministry to resume playing," she added.

Tampane said the sports ministry decided to seek advice from the ministry of health regarding safe ways to resume sports activities.

"The Ministry of Health is currently assisting us in formulating safe ways of training in order to resume sports activities," Tampane said.

She said the ministry will announce and give feedback on the advices and sports resumption plans made by the health ministry at a later stage. She also showed that Lesotho is currently in preparation for the African Union Sports Council (AUSC) Region 5 2020 youth games to be held in Maseru next year.

Sports activities in Lesotho have been in suspension since March due to the Coronavirus pandemic that had not yet hit the country by then. Earlier this month, Tampane announced that only lawn tennis had been permitted to resume its activities as it is considered a Covid-19 low risk sport due to its nature of observing social distancing. In a lawn tennis court, players leave a 23-metre space between each other when playing.

While the Ministry of Sports is willing to resume sports activities, Lesotho currently has 35 cases of Covid-19 with four recoveries and no deaths.

Contractors' PVA
TM CON WH
For exterior & interior walls & ceilings
White only
269^{20L}
99^{5L}

Water-Based Plaster Primer
UWP1
599^{20L}
199^{5L}

Solvent Based Plaster Primer
USP1
699^{20L}
249^{5L}

Undercoat
UWU1
Interior & exterior use
899^{20L}
249^{5L}

Brilliant Sheen
ULS1
White
899^{20L}
299^{5L}

Double Velvet
VEL1-5L
Stain resistant & superior washability
White only
579^{5L}

Velvagro
VLW1-5L
Premium satin non-drip enamel
White only
579^{5L}

Armатex Textured Paint
1531-020
Available in white & standard colours
629^{20L}

Wall & All
WAA1
Extremely tough & washable exterior wall coating
White only
579^{5L}
1899^{20L}

Flexiwall
23-10
Durable & economical
Available in white only
729^{20L}
269^{5L}

Roofkote Pure Acrylic Roof Paint
16-020
UV & weather resistant
749^{20L}
769^{20L}
Standard Colours
White & Green

Micатex
BBO-20L
Marble, silica & mica reinforce
Available in white & standard colours
929^{20L}

Flexikote
20-005
For roofs, parapets, flashings & walls
Available in standard colours
149^{5L}

Super Acrylic Polvin for Walls & Ceilings
EPL30/TAP1000
For interior & exterior use
White only
949^{20L}
349^{5L}
7 YEAR WARRANTY

Step Ladder
COX
Non-slip non-marking plastic tips
Maximum load capacity 100Kgs
299^{2 Step}
399^{3 Step}
499^{4 Step}
2 YEAR WARRANTY

7 New Colours Available!

MICA
Let us show you how

Valid from 24 June - 5 July 2020

The legend of Seephephe 'Mochine' Matete

Seephephe Mochine Pepper Matete was a dream for many coaches to have in their squads and yet at times a bit too handful to manage, most of his former coaches including the Monyane Doc Monyane, Styles Phumo and others, would say. But, put him in the field of play, he only knew one thing which he did best. A menace to defenders and a cause of headaches to opposing coaches who had to plan their game play around his absence or presence in the field.

Legend has it that once, the former Prime Minister of Lesotho, Dr Leabua Jonathan threatened to boycott an international game and lock down the whole technical team, because Pepper did not appear in the team sheet. The young dribbling wizard was said to be serving a punishment for some boyish misconduct during camp. But through the burly premier's insistence, Mochine, 63, was forced back into the starting line-up and that day he scored two amazing goals, earning respect not only from Dr Jonathan but also gaining even more fans from rivals of his Sea-Point outfit Matlama.

As a player Mochine mesmerised his opponents with quick footwork and

paced defenders up and across the outer play and sometimes made swerving solo runs to score goals at will. At the request of many of his Matlama supporters he would make moves and runs to their delight and satisfaction and while everybody was duly entertained, finding a little thorough passage to score or create a scoring chance.

Matete was raised in Lithabaneng, Ha Keiso on the outskirts of Maseru city. He started playing football at the tender age of 6-7. At that age, he was still general in that he enjoyed playing various other sports, he began to focus on football when he turned 10. He joined the Matlama FC development team, Bafana ba Matlama.

He attended St. James primary school where he played for the school's team. He was given the responsibility of the school team's captain. At the age of 12, he played in the Under 12 competitions against Linare FC at the National stadium, now Setsoto stadium in top 4 finals where Bafana ba Matlama were held to a 2-2 draw. He scored one of the goals and the cup was shared between the two teams for two years running.

At 14 while still at St. James primary, he was promoted to the senior side at Matlama FC where he played only friendly games.

Matete went to St Agnes high school in Teyateyaneng where his football prowess kept improving over the years. He immediately played for the school senior team. During his five-year stay at St Agnes, Mochine won all the LISA trophies for his school.

Semi and Professional career as a player

At age 15, Matete played his first official match for his team Matlama FC against LDF and scored against the soldiers, Matlama beat LDF 1-0, many other great official matches were to follow. When he was 17 years old, he received his first call up to the national team. Luckily, his head coach at Matlama, Monyane was the national team coach at that time.

Matete played his debut game for Likuena in Swaziland at Independence Cup where Lesotho lost 3-2, the young football genius scored Lesotho's two goals.

He remained with Matlama FC for many years and was in several



international campaigns to represent the country in the champions league against clubs from Zambia, Mozambique, Madagascar, Kenya to mention a few. Matete says he was nicknamed Mochine which means machine because his opponents and teammates referred to him as a well-oiled machine.

The name Pepper is short for Seephephe, and he was also referred to as 'hot as pepper'.

While playing for Matlama, Matete reached the CAF champions league quarterfinals and Matlama FC were knocked out by Union Dwala of Cameroon, the best record ever for Lesotho clubs.

At some point, Matete was made Matlama's captain. At that time, about half of Union Dwala players were in the Cameroon national team. Many top players from Lesotho in those years also played in both the local elite league and South Africa's elite league simultaneously. Hence, Matete played for both Bloemfontein Celtic and Welkom Real Hearts in South Africa as well as Matlama FC in Lesotho. Celtic tried to register him as their full-time player but his love for Matlama made him turn down the offer.

In Likuena, Matete and his colleagues made history by defeating Mauritius home and away in AFCON. He played in Likuena colours for full 10 years between 1974 and 1984, playing only international friendly matches as there were no official FIFA matches calendar. Matete also managed to adorn Likuena arm band as the skipper.

As a player, he was inspired by the likes of the late Bishop Molatoli, Master Pieces 'Mefane, Ice Ntšonyane, Dingane 'Mefane, Tšeliso 'Frisco' Khomari, Sele Leboela and his brother Mahao 'Bomber Matete' who was his teammate at Matlama.

Professional Career as a coach and LEFA Technical Director

In 1986, Matete went to Germany to attend a three-month coaching course, he was attached to a premier league team in Germany during that period and he obtained A Diploma certificate which made him qualify to coach second league teams in Germany.

Matete partially retired from football in 1987 and started working as a player coach for Matlama FC. He officially retired from football in 1989 and worked as Matlama FC assistant coach to the late Styles Phumo.

Six years down the line, Matete was appointed the senior national team coach in 1993. He mentored Likuena for a year and was given a new role of the national under-20 coach in 1994. He coached the under-20 side for a long time until 2004 when he qualified for AFCON under-20 championship finals representing Southern Africa in Benin.

In 2005, he was appointed Likuena coach for the second time and coached for a year until 2006. Lesotho Football Association (LeFA) appointed Matete to the position of LeFA technical director in 2006 and he remained in that office for 8 years until 2014. In 2014, he was appointed head coach of Likuena for the third time. He coached Likuena for three years until 2016. During that term, he managed to put Lesotho on number 105 in FIFA rankings, which is the best ranking ever for Lesotho.

Career as CAF Instructor

In 2002, Matete applied for CAF instructors' coaching course and was accepted after evaluation.

He was first recognized as a qualified CAF instructors coach in 2004 and has since been working as a CAF instructors coach. As CAF instructors' coaches, Matete says they meet every two years in Egypt to discuss challenges and a way forward in that regard. As an instructor coach, Matete says he trained several coaches from level one to the upper level in coaching. He mentions the likes of Bob Mafoso, Leslie Notsi among others as some of his protégés. He trained all the national teams coaches in Lesotho. As CAF decided to exchange instructors' coaches and assigned them in other countries, Matete instructed in foreign countries such as Swaziland, Botswana, South Africa and Angola. Mochine is the first and the only Mosotho in history to become a CAF instructors' coach.

From a coach to an administrator

Even though Seephephe Mochine Matete is a technical person, he is currently working as the national teams' coordinator, which is an administrative role.

Accolades

Matete won five LISA cups with St Agnes High school. He also won six cups with Matlama FC of which were the league championship and Independence (Winners) cup trophies.

Football today

Matete says football today is different from football during his time as a player. He says today players lack commitment. He further shows that nowadays players fail to balance education with sports, which is something they used to manage during his time as a player.

He also accuses local coaches of failing to manage players. "Our coaches do not even know their players background, which is something that influences a player performance because football is in mind," he says.

Local coaches he says lack game analysis because they fail to analyse game situations and his concern is that premier league teams do not have development structures, "that pose a threat to the future of football in Lesotho".

MORE CHOICE FOR EVEN LESS



17⁹⁹ each



31⁹⁹ each



23⁹⁹ each



23⁹⁹ each



19⁹⁹ each



12⁹⁹ each



17⁹⁹ each



35⁹⁹ each



30⁰⁰ (Buy 2 for)



40⁰⁰ (Buy 2 for)

My **SUPERSPAR**

Specials available from 22 JUNE at SUPERSPAR Bhebe, Boland (Piketberg), Century (Pattar), Cores, Dierwille, Die Handelshuis (Bredasdorp), Gansbaai, Gateway, Grabouw, Kalahari Mall (Upington), Kleinmond, Krasfontein, Kullisrivier, Laaipek, Riversdal, Robertson, Springbok, Swellendam, Vredendal, Vangate and Zwenwacht stores up to and including 5 JULY 2020, while stocks last. Prices include VAT. No traders please. No wine or pork is sold in our Hatala stores.